

## Mini-Grants for MH/DS Providers and Schools

Providers and schools may submit grant requests up to \$10,000 in a non-competitive process

No match will be required by the recipient

Awards will be disbursed with 90% up-front and the remaining 10% when the project is completed and funds requested

Awards will be approved within 10 business days by the regional CEO. Further information may be requested and the CEO has the right to deny the funds if the expenditures do not meet current or forthcoming guidelines for use of CARES Act funds

Applicants must complete a short application which verifies the need for the grant for:

- Expenses incurred due to the COVID-19 pandemic
- Expenditures necessary to address a second order effect of the pandemic

A list of possible uses will be provided

Providers and schools must inform ECR of status of grant expenditure by 12/11/20

Recipients must verify that they have not received any other funding for the needed service

Regional staff will provide Technical Assistance on the use of the funds

Providers and schools are only eligible for 1 mini-grant



### Eligibility for Mini-Grants

Any school district in which the district office is located within the East Central Region

Any MH/DS provider who meets the following:

- Currently contracting with ECR
- Employees >5 people
- Provides the following MH/DS Services
  - ◇ Outpatient mental health services
  - ◇ Crisis response and management
  - ◇ Support for Community Living
  - ◇ Support for Employment
  - ◇ Recovery Services
  - ◇ Sub-acute Services
  - ◇ Evidence-Based Services
  - ◇ Justice Involved Services
  - ◇ RCF services

## Larger Projects to Address Needs Related to the Pandemic or Second Order Effects

The region will support coordinated, cooperative projects between providers and/or schools. Individual provider projects will also be considered

Providers will complete a lengthier application to justify need for the service and provide a detailed budget

Projects will be approved by RGB on 9/24/20 or 10/22/20

A provider or school may be eligible for a larger project in addition to a mini-grant

## Mental Well-Being Support

Projects planned and implemented for:

- School Staff
- Law Enforcement
- Health Care Workers

Training to Address Anxiety, Grief, Loss, etc.:

- ECR staff
- Peer Support Specialists

Support for Families to deal with stress of balancing work and on-line schooling

Approval of projects by RGB Chairperson and CEO with report to the full board



## Yoga and Mindfulness

Compass program (yoga and mindfulness for students delivered in an online platform)

- Up to 50 elementary schools within the region
- Yoga program for regional detention centers



## Technology

Purchase of hardware and devices to support ECR staff to work remotely and participate in teleconferencing demands

Development of virtual social-emotional resources to include virtual calming rooms

## Other

Retroactive payments to providers to reimburse for costs incurred directly related to the pandemic from 3/1/20-12/30/20

Expansion of mobile crisis outreach to rural communities to ensure adequate response to brain health issues

Training and Implementation of the Make It Okay stigma-reducing campaign

