

Mental Health/Disability Services Governing Board Meeting Minutes
April 17, 2020

The April 17, 2020 Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 10am via Zoom conference.

INTRODUCTIONS: WAYNE MANTERNACH JONES CO | DAVE BAKER DUBUQUE CO ALTERNATE | BEN ROGERS LINN CO | DUANE HILDEBRANDT BREMER CO | GARY BIRSCHENK BENTON CO | GARY GISSEL BUCHANAN CO ABSENT | PAT HEIDEN JOHNSON CO | SHIRLEY HELMRICHS DELAWARE CO | JOHN GAHRING IOWA CO | DIANE BRECHT AND JENN DAY ADVISORY COMMITTEE.

M/S/C: Duane Hildebrandt, Gary Gissel to approve the March RGB meeting minutes. There was no conflict of interest acknowledged by board members regarding agenda items.

Public comment: none.

The Advisory Committee update said their next meeting is April 23rd at 11:30 am by conference call. They plan to review the FY21 budget with Mae/CEO.

Julie Davison requested approval of February claims in the amount of \$1,832,179. 53 and fund balance projects in the amount of \$291,805 and March claim requests in the amount of \$1,737,237.28. The state auditor was paid in the amount of \$13,007.51. **M/S/C:** Ben Rogers, Pat Heiden to approve claims presented.

Deb Seymour Guard requested approval for FY20 3rd Quarter ECR County reimbursement requests- Benton County \$40,061.7, Bremer Co \$36,384.38, and Buchanan Co \$73,893.61. Capital expenditures were for fund balance projects and are not reimbursable. **M/S/C:** John Gahring, Shirley Helmrichs to approve the quarterly reimbursements as presented.

Deb Seymour Guard presented the March 2020 Financial Report and requested approval. Fund Balance revenues budget as of 3/31/2020 in the amount of \$1,212,346.77 and regular revenue budget in the amount of \$14,177,732.89. Fund Balance expenses as of 3/30/2020 were \$12,685,415.89 and regular operations budget expenses in the amount of \$12,685,415.89. **M/S/C:** Duane Hildebrandt, John Gahring to approve the financial report.

Jody Jansen presented the Dubuque County Region funding request for Hillcrest Family Services to provide a Psych nurse RN model in the Dubuque County Jail at a cost total cost of \$19,865.00 to be included in the July 1st regional budget. This would start July 1, 2020. This would take the burden off of deputies to include conducting assessments, administering medications and provide crisis intervention. Telehealth services are not in the Dubuque jail currently. Ben Rogers asked if Dubuque could use their own fund balance money. Jody Jansen answered no. Dave Baker asked if this would fall under special projects and do we have room in the region budget plan. Deb Seymour Guard noted that we have region money to honor this request if the

governing board would so choose. **Motion** by Dave Baker to approve the request for \$19,865 for the psych nurse. There was **NO SECOND** for the motion. **Motion Failed.**

Jody Jansen presented the Dubuque County Fund Balance Special Project; Hillcrest Family Services Integrated Health Home program expansion. This expansion includes program coverage for non-Medicaid consumers. There is \$88,341 available in their fund balance dollars to be allocated to this Hillcrest project. Integrated health home with Hillcrest within the county jail would be effective July 1st. Jody requested approval in the amount of \$13,340.62 from the region. **M/S/C:** Ben Rogers, Duane Hildebrandt to approve the request in the amount of \$13,340.62.

At 10:32 am the RGB Zoom meeting was hacked and the Zoom call was ended. The RGB meeting resumed with a password at 11:05 am.

Jody Jansen requested approval for a new contract with Crescent Community Health Center in Dubuque for out-patient therapy. This is a federally qualified health center. **M/S/C:** Dave Baker, Shirley Helmrichs to approve the new contract.

Jody Jansen presented the contract rate setting for Crescent Community Health Center Outpatient Mental Health Therapy for a flat unit rate of \$211.07. **M/S/C:** Dave Baker, Duane Hildebrandt to approve the rate.

Deb Seymour Guard and Mae Hingtgen presented the FY21 Budget and requested approval. **M/S/C:** Duane Hildebrandt and John Gahring to approve the FY21 Budget as presented.

Mae Hingtgen presented and requested approval of the FY21 Annual Service and Budget Plan. She noted Children's Behavioral Services language was added. **M/S/C:** Ben Rogers, Gary Gissel to approve the Annual Service and Budget Plan as presented.

Mae Hingtgen presented and requested approval of the Children's Behavioral Health Implementation Plan. She noted that this plan does not include policy. The plan is how the region will prepare and move forward. Mae noted the Lucia Herman will be the Children's Behavioral Health Coordinator in July and that we may need to hire Children's Region Social Workers in the future. The governing board requested that the language suggested by Gary Grant be added. **M/S/C:** Duane Hildebrandt, John Gahring to approve the Children's Implementation Plan pending the change including the language presented by Gary Grant that the region will only provide services contingent on available funding.

Mae Hingtgen reviewed the Strategic Plan and requested approval. **M/S/C:** Ben Rogers, John Gahring to approve the Strategic Plan as presented.

Mae Hingtgen reviewed the Legal proposals from the Attorney Firms Request for Proposals and requested selection of and approval for a contract. There were two proposals received. **M/S/C:** Shirley Helmrichs, Gary Gissel to approve Lynch Dallas as the region attorney.

Mae Hingtgen reviewed the revised 28E Agreement. She asked to get this approved by the June meeting. Mae will discuss this with the governing board again in May. The Governing Board asked to be sent a marked up version and regular version of the agreement. Discussion, no action.

Mae Hingtgen presented the CEO Update. She noted the regions response to COVID and noted her biggest priority is to not get in the way of providers. She made our response as favorable as possible so providers can continue to work. She also noted that the region is not counting stimulus as countable income or over resources.

Linn County requested expenditure reimbursement for 2 vans for Options of Linn County for their day hab project in the amount of \$101,021. **M/S/C:** Ben Rogers, Duane Hildebrandt to approve the request of \$101,021.

Ben Rogers requested approval to use fund balance dollars for the Linn County Psychiatric Nurse at the Linn County Correctional Facility in the amount of \$29,000 to cover the last quarter of remainder of FY20. **M/S/C:** Ben Rogers, John Gahring to approve the request of \$29,000.

Gary Grant provided a Legislative Update. He suggested we identify any expenditures that may go up due to COVID pandemic, such as uptakes in services attributed to COVID. Also identify any loss in revenue in counties due to pandemic.

Public Comment- Leslie Carpenter thanked region staff for their work during the pandemic.

Wayne Manternach adjourned the meeting at 1:35pm.