

The January 28th, 2021 Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:34 pm. The meeting was held by Zoom online meeting.

Board Members: *GARY BIRSCHENK BENTON CO (ABSENT) | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

M/S/C: Gahring and McDonough to approve the December Regional Governing Board meeting minutes.

The Vice-Chair moved to nominate a new Board Chair. A nomination entered for Duane Hildebrandt by Helmrichs & Gahring. A nomination entered for Ben Rogers by Day and Heiden. Vote by the board for Duane Hildebrandt as Board Chair.

Duane Hildebrandt moved to nominate a new Board Vice-Chair. A nomination entered for Ben Rogers by McDonough and Heiden. A nomination entered for Gary Gissel by Helmrichs & Gahring. Vote by the board for Gary Gissel as Board Vice-Chair.

Duane Hildebrandt moved to appoint the new board representative for Jones County, Ned Rohwedder.

M/S/C: Gahring and Gissel to approve the appointment.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee report from the meeting today. The Access Centers from Johnson & Linn counties provided updates on opening and services provided, as well as discussion on gaps in these services provided and Access Center hubs. A CARES Act fund update was provided by Mae Hingtgen. Gary Grant provided an overview of impactful legislative updates to the region. Todd Lange provided an update on the Peer & Family Support meeting. There was one resignation from a committee member that was a provider and still looking to fill vacancies in some other counties.

Julie Davison requested approval of December claims in the total amount of \$1,849,940.10. Fund Balance Projects in the amount of \$10,167.28 and CARES Expenditures in the amount of \$572,495.22. There were 4 counties that received quarterly reimbursements. **M/S/C:** Gissel & Rogers to approve the December claims presented.

Deb Seymour-Guard requested approval of the December Financial Report. Regular operations revenue budget at \$20,587,010, revenue received \$10,157,861 (49%). Fund Balance Projects at 306%. Regular operations expense budget at \$20,587,010, total expenses at \$7,183,955 (35%). Fund balance expense budget at \$666,500, fund balance expenses at \$1,494,962 (224%). CARES Act expenditures at \$954,863 and cash balance at \$14,047,883. **M/S/C:** Heiden & Gahring to approve the December Financial Report.

Deb Seymour-Guard requested approval of the 2nd quarter payment to the Fiscal Agent in the amount of \$14,967,094 with interest earned in the amount of \$14,276.02. **M/S/C:** Gissel and Helmrichs approve the payment.

The CEO reviewed budget highlights to assist in setting the per capita with final budget review to be done next month. Per capita rate options were discussed, and a recommendation provided by the CEO to decrease the per capita. The board agreed with the option to set the per capita at \$30.20 for FY22. Individual counties are asked to bring their ending fund balance to 28% – 34% of county MHDS expenditures by FY22. **M/S/C:** Gahring and Gissel approved the per capita set at \$30.20.

Mae Hingtgen requested that the board approve the decision for Fund Balance Projects to end FY22. **M/S/C:** Gahring & McDonough to approve FY22 be the last year for Fund Balance Projects.

Deb Seymour-Guard presented 2nd Quarter County Reimbursements:

- Benton County \$44,767.66
- Bremer County \$37,362.91
- Delaware County \$74,747.69
- Dubuque County \$114,457.16
- Iowa County \$20,972.75
- Jones County \$77,927.35

M/S/C: Gahring and Gissel to approve the county reimbursements.

Mae Hingtgen provided information on the CARES Act Expenditure Plan for funds through June 30th, 2021. Mae shared a PowerPoint of the planned budget for the total remaining funds in the amount of \$3,631,576. The focus moving forward will be more intentional towards brain health and align with the ECR Strategic Plan. Information provided the areas funds would be spent including ideas for each.

- Benefits to Adult Brain Health
- Benefits to Children's Brain Health
- Outreach & Education
- Administrative

Mae also provided information on the processes and deadline dates for these plans moving forward.

M/S/C: Rogers and Helmrichs to approve the plan. **M/S/C:** Heiden & McDonough approve approval process by CEO after recommendation by ECR staff.

Jody Bridgewater requested approval and signature of a Business Associate Agreement for HIPAA compliance with Lynch Dallas, P.C. **M/S/C:** Heiden and McDonough approve the agreement.

Peggy Petlon requested payment of the Delaware County Fund Balance Projects. Delaware County identified the need for crisis stabilization beds which Penn Center has agreed to develop, requesting \$9,000 for startup costs including making handicap accessible and staff training. Additional training requested for county staff in the amount of \$9,465. Total Fund Balance Project amount of \$18,465.

M/S/C: McDonough and Heiden to approve the Delaware County Fund Balance Projects Payment.

Jessalyn Bader requested approval of the Dubuque County Fund Balance Project. Hillcrest Family Services is requesting an additional increase in the amount of \$4,775 from the original request made in May 2020, for an additional 5 hours per week for the psychiatric nurse, for additional consultation time and room space for the service. In addition, the original request included services for IHH program which has not be utilized, therefore the funds not used for IHH will offset these additional funds requested and there will not be an increase from the original amount approved in May 2020. **M/S/C:** Gahring and Helmricks to approve the Dubuque County Fund Balance Project.

Julie Davison and Gary Gissel requested approval of additional regional payment to support additional hours for the jail psych nurse in Buchanan County in the amount of \$23,400. There has been a positive response to the duties provided by the nurse. **M/S/C:** Gahring and Helmricks to approve the Buchanan County Fund Balance Project Payment.

Deb Seymour-Guard presented information on the FY20 Audit contract with Eide Bailly in the amount of \$10,400. **M/S/C:** McDonough and Gissel approved the contract and payment.

Public Comment: Leslie Carpenter, thanked the region for support of regional support of psych nurses in the jails. Asking the region to consider funding more proactive approaches to keeping people out of jail, such as assisted outpatient treatment programs.

Marilyn Austin thanked John Gahring for his role in the naming of the Iowa County Board of Supervisors Board Room to Ray Garringer Board Room, a supervisor for 22 years and an advocate for persons with mental health issues.

Duane Hildebrandt asked for the board to consider alternate meeting dates and times to hold the ECR board meetings. Also recommending that in person meetings resume soon and to consider locations that would work for these meetings to take place in person. Requesting a poll be sent out to all board members to evaluate.

The meeting adjourned at 3:50 PM.

Minutes submitted by Chelle Klootwyk, Administrative Assistant

Approved: Duane Hildebrandt, Board Chairman



Signature