

The February 28th, 2021 Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:35 pm. The meeting was located at 601 Grant Street, Manchester, IA and by Zoom.

Board Members: *GARY BIERSCHENK BENTON Co | DUANE HILDEBRANDT BREMER Co | GARY GISSEL BUCHANAN Co | SHIRLEY HELMRICHS DELAWARE Co | ANN McDONOUGH DUBUQUE Co | JOHN GAHRING IOWA Co | PAT HEIDEN JOHNSON Co | NED ROHWEDDER JONES Co | BEN ROGERS LINN Co | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP (ABSENT) | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

M/S/C: McDonough and Rogers to approve the January minutes of the Regional Governing Board meeting.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee report. A large group attended the meeting today. Mae Hingtgen presented on the ECR CARES Act funding & projects. Drew Martel with Foundation 2 provided information about the law enforcement liaisons. The program is going well and is offered to both adults and children. There is expansion to other areas as well. Todd Lange provided information on how peer support is used in the region. An application for a committee vacancy for Peer & Family in Bremer County, Jenn Wolf, was reviewed. The applicant has lived experience and is very active in the legislator. The Advisory Committee recommends to the RGB to appoint Jenn Wolf to the committee. **M/S/C:** Rogers & Heiden to approve the appointment.

Ann McDonough announced the selected candidate for the Dubuque County Coordinator position, Dr. Ann Cameron Williams, Ph.D., with a start date of March 1st, 21. **M/S/C:** Bierschenk & Gissel to approve the hire.

Deb Seymour requested approval of January claims in the total amount of \$1,791,265.18. Fund Balance Projects in the amount of \$65,948.17 There were 3 counties that received quarterly reimbursements. CARES Expenditures in the amount of \$1,115,406.87. **M/S/C:** Rohwedder & Helmrichs to approve the January claims presented.

Deb Seymour-Guard requested approval of the January Financial Report. Regular operations revenue budget at \$20,587,010, revenue received \$10,383,694 (50%). Fund balance reduction budget is \$666,500. Fund balance revenue received \$2,056,697 (309%). Less CARES Act dollars, the overall budget is at \$21,253,510. Overall revenue received \$12,440,391 (58%). CARES Act total expenditures in the amount of \$2,070,269.71. Regular operations budget \$20,587,010 and operations expenditures \$7,792,435 (38%). Fund balance budgeted dollars are \$666,500 and expenditures \$1,560,910 (234%). Less CARES Act expenditures, overall budget is at 44%. Cash for the fiscal agent is \$12,500,613. **M/S/C:** Gahring & Bierschenk to approve the January Financial Report.

Deb Seymour-Guard requested approval of the 2nd quarter county reimbursement to Johnson County in the amount of \$208,095.42. **M/S/C:** McDonough and Gahring approved the reimbursement.

Mona Onken requested payment of the Benton County Fund Balance Project. \$215,000 for FY 21/22 **M/S/C:** Bierschenk and Rogers approve the payment.

The CEO provided FY22 budget information in a PowerPoint summary. A review of historical expenditures was shared over the past 5 years including a re-estimate for FY21. A proposed budget by disability group was broken down to show the percent of change between FY21 operating budget and FY22 budgeted. FY22 Service Development was broken down and areas discussed. How these services

are linked to the Strategic Plan was explained. FY22 budgeted children's behavioral health was then broken down for specific line items. Fiscal agent fund balance scenarios were reviewed and it was noted that county fund balance projects will still need to be included in the budget, which will not affect overall budget as they are budget neutral. **M/S/C:** Gahring and Rohwedder approved the FY22 budget.

Jessalyn Bader requested approval of the Dubuque County Fund Balance Project. Hillcrest Family Services is requesting the amount of \$57,491. A cooperative collaboration with Unity Point for a year-long assessment project around geriatric brain health. **M/S/C:** McDonough and Rogers to approve the payment.

Jessalyn Bader requested approval of the Dubuque County Fund Balance Project. The Community Foundation of Greater Dubuque is requesting the amount of \$96,208.00 for FY22. This is a continuation of the previously approved funding to address and support the brain health needs of Dubuque County residents. **M/S/C:** McDonough and Gissel to approve the payment.

Provider Contract presented by Peggy Petlon, for Catholic Charities of Dubuque as a Medicaid Provider. **M/S/C:** McDonough and Helmrichs approve the provider contract.

Peggy Petlon presented FY21 provider services and rates for Catholic Charities for outpatient therapy and family psychotherapy following the Medicaid rates. **M/S/C:** Gahring and Gissel to approve the FY21 provider rates and services at the Medicaid rates.

Mae Hingtgen provided information on the Access Centers Designation. Both Access centers, GuideLink in Johnson County and Mental Health Access Center in Linn County, are opening a month apart. In accordance with the 28E Agreement ECR has to designate at least one access center. CEO recommendation is to designate both centers as evidenced that they meet the Chapter 441-25 requirements for the East Central Region. **M/S/C:** Rogers and Gahring to approve the designation.

Jody Bridgewater requested approval and signature of a Business Associate Agreement for HIPAA compliance with Signify Health, LLC. the platform for information referral. **M/S/C:** Gahring and Rogers approve the agreement.

Mae Hingtgen provided a CEO update on the CARES Act Projects indicating email announcements were sent to Providers, Schools, and also Private schools within the region. The Mental Wellbeing Support Project contract extension is being finalized. Proposals have been requested to help support the brain health support for homeless shelters. The Juvenile Detention Center has a continuation of their previously approved project. Mobile crisis meetings are in the works. Information for proposals for a Public Awareness Campaign was sent to marketing firms within the region. Care packages are also being organized.

Mae Hingtgen provided an update on bill #661 introduced to the house by a regional representative from our region to extend the requirement to implement the complex needs and children's services requirement to July 2023 as well as the fund balance requirement.

Duane Hildebrandt reviewed results from the poll considering alternate meeting dates, times, and locations to hold the ECR board meetings. Results were for the 4th Thursday of each month, at 1 PM in the Cedar Rapids area. **M/S/C:** Rogers and Gahring approve the change in time and location. The 4th Thursday of each month will remain the same.

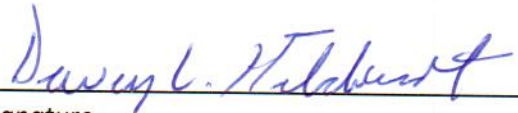
Chelle Klootwyk presented a brief demo on a board platform, BoardEffect, that could be used by the board for more functions and access. The option to pursue this through Spindustry as previously

considered as an option at the December 2020 meeting has led to a discovery that it is not the best option.

Public Comment: Duane Hildebrandt requested a tour for the ECR Board of the Access Centers. Ben Rogers and Pat Heiden expressed gratitude to the ECR Board in helping the doors to open at both locations.

The meeting adjourned at 3:50 PM. Minutes submitted by Chelle Klootwyk, Administrative Assistant

Board Chairman, Duane Hildebrandt



Signature