

The April 22nd, 2021 Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:02 pm. The meeting was located at 601 Grant Street, Manchester, IA and by Zoom.

Board Members: GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP | ANGELA ZIMPHER PARENT REP

M/S/C: Rogers & Gahring to approve the April Regional Governing Board agenda.

M/S/C: Rohwedder & Heiden to approve the March minutes of the Regional Governing Board meeting.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee report. Mae Hingtgen reviewed and asked for continued feedback on the ECR Priority Initiatives. Diane noted some examples of topics; the expansion of crisis services in other parts of the region, gaps in services specific to a specific population with behavioral health issues, and the workforce shortage and would the region assist more dollars with training so there could be a shift in dollars that a provider may increase wages. A report was given from the Peer Committee and one topic they asked the RGB to consider is the opportunity to continue with hybrid meetings.

Julie Davison requested approval of March claims in the total amount of \$1,048,799.84. There was one quarterly reimbursement. Fund Balance Projects in the amount of \$74,357.12. CARES Expenditures in the amount of \$51,968.82. **M/S/C:** McDonough & Gahring to approve the March claims presented.

Deb Seymour-Guard requested approval of the March Financial Report. Regular operations revenue budget at \$20,587,010. Actual regular operations revenue is \$13,399,256 (65%). Fund Balance Project budget is \$666,500 and actual revenues received \$2,404,262. Entire budget is at 101%. Regular operations expenditure budget is \$20,578,010 with expenditures in the amount of \$9,926,531 (48%). Fund balance project expenses is \$666,500 with total expenditures in the amount of \$1,855,885. CARES Act expenditures in the amount of \$2,119,093. Cash balance \$13,385,844. **M/S/C:** Gahring & Gissel to approve the March Financial Report.

Deb Seymour-Guard request payment to the Fiscal Agent for the 3rd quarter in the amount of \$12,364.82, interest earned was \$14,377.11. **M/S/C:** Rogers & Heiden approve the payment.

Deb Seymour-Guard requested approval of the 3rd quarter county reimbursements:

- | | | | |
|----------|-------------|-----------|--------------|
| ● Benton | \$38,022.88 | ● Dubuque | \$142,500.55 |
| ● Bremer | \$37,669.06 | ● Jones | \$53,984.92 |

M/S/C: Gahring & Rogers approve the reimbursements.

Mona Onken requested payment of the Benton County Fund Balance Project to build walls in the office to be HIPPA compliant. The requested amount is \$3,000 and Benton County Board of Supervisors has approved. **M/S/C:** Rogers & Gissel approve the payment.

Julie Davison and Gary Gissel request an adjustment to the payment of the Buchanan County Fund Balance Project in the amount of \$15,000 to increase the jail medication fund balance allocation and decrease by same amount for the jail nurse. Buchanan County Board of Supervisors has approved. **M/S/C:** Gahring & Rohwedder approve the payment.

A provider contract for Willis Dady was presented by Ann Cameron Williams & Peggy Pelton to align the contract dates with the regular Fiscal Year timeline. A new expectation is that providers will be reporting data to the region throughout the fiscal year so that information can be presented to the RGB 30 days after the close of the fiscal year. **M/S/C:** Gahring and Gissel to approve the contract as a permanent service for this Fiscal Year.

Ann Cameron Williams also presented the rate for Willis Dady in the amount of \$28.00, the current rate for FY21 and will remain the same for FY22. **M/S/C:** Gissel and McDonough to approve the rate.

Ann Cameron and Mae Hingtgen presented the Access Center contracts for Linn and Johnson. Both have been formally designated by the region in a prior meeting. Revised contracts were written due to the nature of the agreement being different than a provider contract. For GuideLink the contract includes, the ECR (provide budgeted operational costs), Johnson county, and Abbe Health as the managing entity. Mae also reviewed the approved FY21 rate of \$400,000 for GuideLink and expected outcomes. **M/S/C:** Gahring and Helmricks to approve the Johnson County GuideLink contract for FY21. **M/S/C:** McDonough and Gissel to table the Linn County Access Center Contract until next month to confirm approval from the Linn County Attorney.

A Jail Diversion Evaluation report was provided by Peggy Pelton. She presented a FY21 evaluation and outcomes. The committee of ECR Coordinators and Jail Diversion Community Coordinators made recommendations that the region establish minimum qualifications for community treatment, develop a consistent reporting format, pursue Law Enforcement Liaisons in all 9 counties of the region, have a coordination of education and outreach with all parties involved with jail diversion, which includes ECR staff being informative of brain health services, and the region helping logistically and financially to expand the CIT training. **M/S/C:** McDonough and Gahring to approve the recommendations as presented in the report.

Mae Hingtgen gave information on intensive support for people with co-occurring disorders as a follow up to the discussion from last month's meeting about I-START services. The CEO presented options to continue this service in the region. A proposal from Elevate was reviewed. A verbal amount of \$.25 was agreed upon, however the written proposal indicates \$.50 per capita rate (\$300,000). There is \$150,000 budgeted for these services. Another option is ECR could hire a Certified Behavioral Analyst. A job description was provided for review and a highlight of the duties were noted by the CEO. Comparable salaries for the position were also noted with a budgeted amount of \$94,000. There are identified outcomes for this position that the region would expect to be met. **M/S/C:** Gahring and Heiden to reject the \$.50 per capita from Elevate and approve the hire of a Certified Behavioral Analyst to oversee this service.

Julie Davison presented the Act Weekend funding review. Highlights included the history and timeline of contacts from August 2020 to January 2021. A recommendation from the committee of ECR Coordinators & CEO is to end the subsidization of ACT/PACT programs. This recommendation will not impact those without Medicaid. **M/S/C:** Heiden and Gahring to approve the recommendation to end service as of June 30th, 2021.

Mae Hingtgen gave a CARES Act update on projects providing a table of the projects and amounts spent on each to date. The remaining unspent amount is about 2 million, with the planned amount to come down to just under a million with the projected amounts still left to be spent prior to June 30th, 2021. Mae revisited the possibility of transferring the remaining funds, however no other regions have expressed interest.


Mae Hingtgen provided a CEO update discussing the American Rescue Plan Act and guidance from the board for how to spend these funds as a region if the counties plan to spend the funds on mental health issues. The Regional Governing Board expressed that it was too early to know how these funds will be

spent and discussion about a regional task force may be needed. This will continue to be a topic for discussion for the next several meetings as more guidelines are presented.

Public Comment: Dr. Metzger, Administrator with the Department of Correctional Services, based out of Cedar Rapids, thanked the committee for coming up with some of the expectations moving forward and is committed to achieving and exceeding them. He provided an update to the board that since September, 97% of their people have had a diagnosis on file with the region. Those individuals that did not have a diagnosis opted out & they still had contact with. Also wanted to acknowledge that 100% of the people are required to engage in brain health treatment as part of the program. These are all things that we agree with the board and committee as priorities for the future of the Jail Diversion Program. Looking forward to collaboration, developing the best ways to measure, and continue to demonstrate the efficacy of the program.

The meeting adjourned at 3:16 PM. Minutes submitted by Chelle Klootwyk, Administrative Assistant

Board Chairman, Duane Hildebrandt


Signature