

June 16, 2021 MH/DS East Central Region

Children's Behavioral health Advisory Committee Meeting

Committee Members attendance: Melissa Paulsen, Ann McDonough, Vicki Ries, James Hauschild, Erin Monighan, Tammy Wetjen-Kesterson, Carrie Slagle.

Committee Member and public attendance updates:

Chris with Linn co ECI DECAT noted she was collecting information on needs in the state, referencing the American Rescue Act Plan and helping counties with reimbursement expenses if needed.

Jan Heidemann noted that the Governor signed Senate file 619.

Tammy Wetjen- Kesterson- noted she was working on budgets for next year and looking at Children's mental health consultation.

Jim Hauschild- asked if CARES supports were occurring for the people who provide services. It was explained that thus far ECR has provided services for teachers going back to school, law enforcement, first responders, health care providers and day care providers. The it was opened up to every one in our region for sessions if it was related to the pandemic then up to 5 sessions. There has been low utilization however. Doing an outreach campaign now. Mae noted she plans to request to continue with regional funds even when CARES is done June 30th.

ECR asked the committee members to let us know if any CARES bags were needed by officers and to reach out let people know therapy is available.

Melissa Paulsen- let the group know they started a new substance use program and will be doing evals in Anamosa, and treatment in Cedar Rapids.

Carrie Slagle- noted Waypoint implemented a Caring Dads program funding in Linn County, that DHS does referrals- focus is modifying perpetrator behavior- funding is through decat.

Lucia Herman updated the committee on Service Development in the region for Children's services.

Tier 2 Services include:

Behavioral health in-patient treatment- the ECR has 4 hospitals for children- St. Luke's and Mercy Hospitals in Cedar Rapids of which we have signed contracts with. 2 West Mercy Dubuque and University of Iowa in Iowa City hospitals. Still waiting on their contracts.

Crisis Stabilization Community Based Services- the ECR is currently in negotiations with a provider regarding this service. (Foundation 2)

Crisis Stabilization residential services- ECR is in discussions with Hillcrest, LSI specifically. They show interest and LSI is waiting on chapter 24 accreditation and ETP with DHS regarding campus setting.

Mobile Response- we have Foundation 2 already been providing this service.

Early Identification and Early intervention- ECR is collaborating with numerous schools, AEAS/Keystone, and now numerous providers – meeting regularly to discuss service needs, gaps and duties.

Lucia noted that there was a State Children’s Training series to be held Sept 15th- see Darci Alt. also that our learning committee has a training coming up in May specifically around suicide.

Lucia asked the members to listen for needs regarding education and prevention services when people are attending meetings and report back.

Mae Hingtgen discussed ECR Outreach state and local campaigns for brain health. The extensive campaign will run through the end of December in our region. Statewide is to help normalize conversations regarding mental health. The local campaign is working on messaging specifically to teens, adults, and teenager. Ways to communicate with teens better using their language. This week it will be on the ECR website and helped direct people to our provider web page and people can see services in their cities.

Mae Hingtgen gave updates on CARES packages, training policies and AEA meetings.

CARES ACT- round 10 mini grants to school -\$280,298.

1 comprehensive project to a school for Wellness Rooms for students and staff- \$10,293.

Yoga and mindfulness in schools and Linn County Juvenile Detention Center -\$121,033

Projects to support children and families- \$337,534

Total for round one- \$749,158

The second round will do some building self regulation skills for kids in detention and shelters.

Cares ACT -2nd round- 22 grants went to schools in an amount of \$686,910.

There was 1 project to support LGBTQ youth- \$6000.

Yoga and mindfulness in schools, Linn County Juvenile Detention Center and regional youth shelters- \$50,098.

Projects to support children and families- \$108,233

For a total of \$851,241. Total ECR CARES Funds directly to children= \$1,600,399.

In addition, children are receiving the benefit of the CARES packages and public outreach campaigns.

Training policies- ECR will host some trainings each year free of charge to schools and providers.

They may also identify local needs and request funding from the region- Criteria includes: trainings must be competency based, amount available dependent on number of employees, funds limited to ECR budgeted amount, ECR Operations Coordinator Jan Heidemann will review and approve requests.

Mae presented the Children’s SED Checklist- Serious Emotional Disturbance including our ECR management plan eligibility.

Lucia herman updated the group on an upcoming Children's Behavioral Health Summit. The intention is to build awareness around children's behavioral health services and make an effort to streamline who does what in our region. The initial summit will include invitees of MCAH, schools, region staff, decat, ECI, children's behavioral providers, public health IHH etc. August 31st and Sept 1st 930 to 1130.

The next children's advisory meeting will be September 8th.