

Contact Information

For more contact information, visit ecriowa.org

ECR CEO

563-239-0013
210 Jones St Ste 203
Dubuque IA 52001

Benton County

319-472-4743
811 D Ave Ste 33
Vinton IA 52349

Bremer County

319-352-2993
203 1st Ave NE
Waverly IA 50677

Buchanan County

319-334-7450
210 5th Ave NE
Independence IA 50644

Delaware County

563-927-5116
601 Grant St
Manchester IA 52057

Dubuque County

563-589-7870
210 Jones St
Dubuque IA 52001

Iowa County

319-662-4245
495 4th Ave
Conroy IA 52220

Johnson County

319-339-6169
855 S Dubuque St
Iowa City IA 52240

Jones County

319-462-4457
105 Broadway Pl Ste 2
Anamosa IA 52205

Linn County

319-892-5671
1240 26th Ave Ct SW
Cedar Rapids IA 52404

A Network of Support

The East Central Region (ECR) is a partnership between 9 counties to provide comprehensive mental health and disability services to individuals in eastern Iowa. Iowans have a regional base of services which meet statewide standards to address their needs. Counties pool their resources and offer an array of services to improve the health of Iowans.

MH/DS of the ECR proudly supports and provides services for Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones, and Linn Counties.



Learn more about us at ecriowa.org



Mental Health/ Disability Services of the East Central Region

Our mission is to collaboratively strengthen the regional network of quality and accessible supports to meet the needs of adults and children with disabilities.

Stay connected with the East Central Region.
Visit ecriowa.org

Role of the East Central Region

We fund needed supports and services for individuals with qualifying diagnosis or disabilities in an effort to provide quality of life in the least restrictive environment. ECR is responsible for the management of the disability services within the 9-county region.

Our Vision

The vision of ECR is to ensure a responsive system that:

- Honors the complexity of a region with urban and rural counties.
- Adapts to the changing legislative landscape to advocate for stable and predictable funding.
- Continues to be forward thinking while ensuring fiscal responsibility.
- Demonstrates acceptance and value of all citizens to promote developmentally responsive support and mental wellness.

Our Values



Service Orientation



Proficiency



Caring



Integrity

For more information on our values, please see our Strategic Plan at ecriowa.org

Eligibility for Regional Funding

The following eligibility criteria will be considered:

- **Residency** - the applicant must be a resident of one of the nine counties within the East Central Region
- **Financial eligibility** - some services are available based only on income and resources
- **Diagnostic eligibility** - many services are available that are based on income, resources, and a verified diagnosis
- **Non-eligibility based** - certain services are available that are not dependent on either finances or diagnosis

Please see the Management Plan for more information on eligibility criteria.

Types of Services Funded

The ECR provides funding for certain services in various domains as mandated by the state and as determined by the Regional Governing Board including:

- Outpatient mental health services
- Inpatient mental health services
- Crisis response services
- Commitment costs
- Support for community living
- Support for employment
- Recovery services (peer support, wellness centers)
- Service coordination
- Jail diversion
- Residential Care Facility

For more information about regional funding, visit ecriowa.org

Applications for Regional Funding

1. Complete an application found on the “Forms” page of the regional website (ecriowa.org) or obtained from one of the county MH/DS offices.
2. Send the completed application with requested documentation via one of the following methods:

Email: intake@ecriowa.us
(please ask for an encrypted email to reply to)

Mail:
MH/DS ECR Intake
1240 26th Avenue Ct SW
Cedar Rapids, IA 52404-3402

Fax: 319-892-5679

Additional Information or Assistance

See “Contact Information” for Coordinators of Disability Services in your local MH/DS office or visit ecriowa.org/About.

Staff is available in each county office to assist with completing applications, applying for funding, determining need and services available, and referrals for services.

Your Life Iowa Crisis Line

The East Central Region uses Your Life Iowa as the statewide crisis line, making free crisis calls and text available to anyone in Iowa.

CALL (855) 581-8111
TEXT (855) 895-8398

