

The August 18th, 2021, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:02 pm. The meeting was located at the Durgin Pavilion at Camp Courageous, 12101 190<sup>th</sup> St. Monticello, IA 52310 and by Zoom.

Board Members: *GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO (ABSENT) | SHIRLEY HELMRICHS - DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO (ABSENT) | PAT HEIDEN JOHNSON CO (ZOOM) | JON ZIRKELBACK JONES CO - ALTERNATE | BEN ROGERS LINN CO (ZOOM) | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP (ABSENT) | AMY GRASK CHILDREN'S PROVIDER REP (ABSENT) | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

**M/S/C:** Bierschenk & Helmrichs to approve the July minutes of the Regional Governing Board meeting.

**M/S/C:** McDonough & Rogers to approve the August Regional Governing Board agenda.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee update noting they did not have a quorum for the meeting. Diane reviewed the RGB decision to suspend the committee terms portion of the bylaws. Mae Hingtgen shared some provider meeting highlights and needs within the region. Information was shared from Carrie Merrick about the use of the Access Centers by individuals from Dubuque County: noting a seamless process and coordination of efforts.

Julie Davison requested approval of July claims in the amount of \$2,686,683.85, with fund balance projects in the amount of \$94,855.96. Total CARES Act funds in the amount \$978,012.09. There was 1 quarterly reimbursement. **M/S/C:** Rogers & Heiden to approve the July claims presented.

Deb Seymour-Guard requested approval of the July Financial Report. FY22 budget revenue is \$18,451,632. Revenues collected were \$28,550.16. Regular operations \$35,632.86 with a CARES Act pay back to the State of Iowa noted -\$817,164.23. Revenues are -4.08%. Expenses regular operations are at \$22,517,570. Fund Balance Project budget is \$525,872. Overall expense budget of \$23,043,442. Overall, in the month of July expended amount of \$1,859,439.47. Regular operation amount of \$786,571 with Fund Balance projects in the amount of \$94,856. Total CARES Act cash expenditures are \$978,012. Expenditures are 8.07%. Fiscal Agent cash balance \$13,122,746. **M/S/C:** McDonough & Rogers to approve the July Financial Report.

Deb Seymour-Guard presented the 4<sup>th</sup> quarter county reimbursements.

- |            |             |            |              |
|------------|-------------|------------|--------------|
| • Bremer   | \$39,749.61 | • Delaware | \$90,175.25  |
| • Buchanan | \$64,968.05 | • Linn     | \$151,183.20 |

**M/S/C:** Helmrichs & McDonough to approve the reimbursements.

Peggy Petlon presented the Delaware County Fund Balance Project request in the total amount of \$9,000. Requesting \$3,000 for the continuation of psych medication in the jail and \$6,000 for training with a focus on QPR & Green Bandana. **M/S/C:** Helmrichs & Bierschenk approve the payment.

A provider contract for Cozy Corner was presented by Ann Cameron Williams for adult daycare services. **M/S/C:** McDonough & Heiden to approve the contract and rate.

The CEO provided financial projections for FY22 – FY24. A spreadsheet was provided for review including local and state funds:

State FY22 Payment - \$15.86

Local FY22 Budgeted Per Capital - \$21.14

State funding for FY23 & FY24 was also noted. Included were revenues July 2021 – June 2023, the revenue sources, expenditures, and the ending fund balance. A 40% fund balance will be allowed for FY22, 20% for FY23, and 5% for FY24. All this information indicates the ECR can offer service development and expansion with the ability to sustain some projects into FY23 & FY24.

Mae Hingtgen presented the FY22 Service Development & Expansion Plan for the region including provider input from 53 providers. Based the input received the ECR administrative team recommends increasing the FY22 Operational Budget by \$6 million to develop and expand the following:

- Workforce Development \$1,500,000
- Crisis Services \$500,000
- Public Outreach \$200,000
- Provider Operational Support \$750,000
- Service Development \$750,000
- Technology Enhancement \$1,000,000
- Co-occurring Disorders Support \$750,000
- Transportation \$250,000

Each idea aligns with the ECR Strategic Plan and promotes a cohesive region. This planning does not impact local county fund balances and each county still has the opportunity to plan and execute FY22 Fund Balance Projects with individual county funds. Mae provided the total amounts for each county available. **M/S/C:** McDonough and Helmricks to approve the service expansion plan up to \$6 million with a re-evaluation in January 2022

A contract with the Powers of Communication was introduced by the CEO for regional communication. The Advisory Committee noted this need as well as identified the interest in a newsletter being provided during legislative session. The contact will include communicating the services that are available in the region, training for staff with communication to the media, and more frequent and well-informed communication. **M/S/C:** McDonough and Heiden to approve the contract.

Mae Hingtgen proposed the hiring of a part-time Children’s Navigator to help the region pull things together for children’s services. A navigator will be responsible to build the partnership with schools & providers, advocating for children and families, knowledge of what services are available in the region. The proposal is for a part-time person to be hired at 25 hours \$27 - \$28 hourly with consideration for full time in FY22 if there is a need. **M/S/C:** Bierschenk and Helmricks to approve the hire as a full-time position with consideration to revisions of the proposal for full time employment.

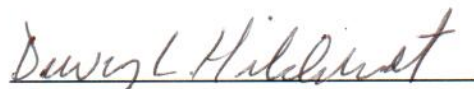
Public Comment:

Mae Hingtgen shared an invitation from the Access Centers, Abby and Erin are interested in visiting each of the 9 counties. Sharing how the partnership works.

Ann McDonough spoke about wearing her mask because she had recently been at the MBL game in Dyersville at the Field of Dreams game and how magical the night was. Duane Hildebrandt echoed the sentiment and even watching it on television it was a fantastic night for Iowa. Mae Hingtgen gave kudos to State Senator Carrie Koelker for her involvement and all those working for Iowa tourism for the efforts in the success of the event.

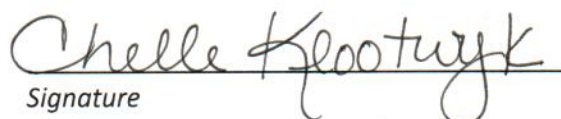
The meeting adjourned at 2:37 PM.

These minutes were approved by the Regional Governing Board.



Signature

Board Chairman, Duane Hildebrandt



Signature

Submitted by: Chelle Klootwyk, Administrative Assistant