



REGIONAL GOVERNING BOARD OF MENTAL  
HEALTH/DISABILITY SERVICES OF THE EAST  
CENTRAL REGION

## PROCLAMATION

### BRAIN HEALTH AWARENESS MONTH

**WHEREAS**, brain health is critical to everyone's well-being; and

**WHEREAS**, the brain is an organ susceptible to disease and disorder; and

**WHEREAS**, awareness and education are pivotal to ending the stigma surrounding mental illness; and

**WHEREAS**, brain health issues are real and prevalent in our region; and

**WHEREAS**, with effective education and treatment, those individuals with brain health issues, and all those who support them, can work together for recovery in an environment free of stigma:

**NOW, THEREFORE**, I, Duane Hildebrandt, Board Chair, do hereby proclaim October 2021 as Brain Health Awareness Month.

IN TESTIMONY WHEREOF, I HAVE HERE INTO  
SUBSCRIBED MY NAME, DONE AT MONTICELLO, IOWA  
THIS 23RD DAY OF SEPTEMBER THE YEAR OF 2021

*Duane L. Hildebrandt*

DUANE HILDEBRANDT  
BOARD CHAIR

ATTEST:

*Chelle Klootwyk*  
CHELLE KLOOTWYK  
BOARD SECRETARY