

The September 23rd, 2021, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:02 pm. The meeting was located at the Durgin Pavilion at Camp Courageous, 12101 190th St. Monticello, IA 52310 and by Zoom.

Board Members: GARY BIRSCHENK BENTON CO **ABSENT** | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS - DELAWARE CO | ANN MCDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP **ABSENT** | ANGELA ZIMPHER PARENT REP **ABSENT**

M/S/C: Ned Rohwedder & Shirley Helmrichs to approve the August minutes of the Regional Governing Board meeting.

M/S/C: Gary Gissel & Pat Heiden to approve the September Regional Governing Board agenda.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee update:

No quorum due to requirement to have committee in person. It was encouraged to continue to meet regardless of quorum. Concerns about meeting days/times and travel burden. Discussion will be revisited next Advisory meeting. Main focus was SF619 and money to be made available for providers to expand or build on services in our region.

Mae Hingtgen discussed the Brain health proclamation: Brain Health Awareness Month October 2021. Change language from Mental health to Brain Health. **M/S/C:** Pat Heiden and Ned Rohwedder to approve the proclamation as corrected. If individual county supervisors want to take the proclamation to their local county board, they are to contact Mae and she will get them the information.

Julie Davison requested approval of August claims in the amount of \$1,300,209.80, with fund balance projects in the amount of \$ 39,540.35. Total CARES Act funds in the amount \$25,060.23. There were 4 quarterly payments to counties. **M/S/C:** Gary Gissel & Pat Heiden to approve the August claims presented.

Deb Seymour-Guard requested approval of the August Financial Report. FY22 Budget for regular operations is \$18,451,633. August revenues were \$5,456,355. Year to date as of 8/31/21 \$5,484,905 which is 30% of budget. Fy22 August expenses were \$1,235,609. Regular operations Year to date as of 8/31/21 \$2,022,181 or 9% of the budget. The fiscal agent cash balance as of 8/31/21 was \$16,507,115.42. **M/S/C:** Ann McDonough & Gary Gissel to approve the August Financial Report.

Deb Seymour-Guard presented the Accrual Reimbursement Requests

- Benton \$4,186.92
- Dubuque \$18,668.88
- Jones \$13,670.72
- Bremer \$3,837.71
- Johnson \$34,999.10
- Linn \$12,978.40

M/S/C: Ned Rohwedder & Pat Heiden to approve the reimbursements presented.

Jan Heidemann presented the Bremer County Fund Balance Project request in the total amount of \$23,326. Requesting \$1,000 for the continuation of a mental health provider in the school and \$22,326 to All In Mentoring (AIM) to set up an agency in Waverly, IA. **M/S/C:** Shirley Helmrichs & John Gahring to approve the Benton County project.

Ann Cameron Williams presented the Dubuque County Fund Balance Project request in the total amount of \$194,880 for the Community Foundation of Greater Dubuque to continue to provide brain health needs to Dubuque County residents. **M/S/C:** Pat Heiden & Ann McDonough approve the Dubuque County project.

The Foundation 2 Crisis Stabilization Community Based Services Contract was presented.

M/S/C: Ben Rogers & Ann McDonough to approve the contract with Foundation to provide CSCBS for the rest of this fiscal year.

Mae Hingtgen presented the contract for technical services with berganKDV.

M/S/C: Pat Heiden & Ned Rohwedder to approve the contract with berganKDV.

Mae Hingtgen reviewed the Mental Wellbeing Project. Coaching sessions/outpatient therapy sessions provided by Hillcrest Family Support and Abbe Health.

M/S/C: Ned Rohwedder & Shirley Helmrichs to approve funding the Mental Wellbeing Project for the remainder of FY22 for all people having impact of brain health issues due to pandemic.

The CEO lead a discussion on the ARPA fund uses across the region. Recommendation to inform the full region governing board as to any projects occurring towards brain health/disability services in individual counties using ARPA funds. Add this as Informational only on the next agenda.

Mae reviewed the sub-committees; Legislate Priorities and Finance

M/S/C: John Gahring and Shirley Helmrichs to appoint Ben Rogers, Duane Hildebrandt, and Pat Heiden to serve on the subcommittee this year. Suggestion to educate legislation on co-occurring disorders.

M/S/C: Ann McDonough and Pat Heiden to create a finance committee, to include Deb Seymour Guard, Mae Hingtgen and 2 RGB members.

M/S/C: Shirley Helmrichs and Pat Heiden to appoint John Gahring and Ann McDonough to serve on the finance committee.

Mae Hingtgen provided CEO updates on Service Development & Expansion, ABA Introduction; Missy Carter was hired as our Region Behavior Analyst (ABA). Workforce Taskforce; hosting listening sessions to get provider network input. Looking at grants and ways to sustain, retain, and longevity bonus compensation to address workforce shortages.

Mae discussed Governance Authority for CEO to sign contracts for efficient operations of the region. RGB was in agreement if a contract includes implementation/ impacts the people we serve then it should be a board decision. If it is operational and within the budget, then CEO would sign. No board action on the topic due to no objection.

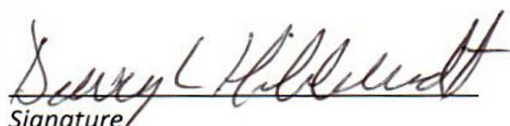
The board chair opened discussion on the in person meeting and virtual attendance in accordance with the 28E Agreement. Discussions included being flexible, suspending the 28E or changing it. It was suggested to put this on the agenda for next month. Still need a quorum in person.

Discussed the RGB meeting dates for November and December due to the conflict with the holidays.

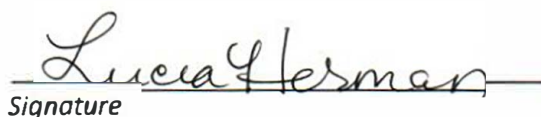
M/S/C: John Gahring and Pat Heiden to have a combined November/December region governing board meeting on November 30th, 2021 at 1pm.

No Public Comment, Meeting adjourned.

These minutes were approved by the Regional Governing Board.


Signature

Board Chairman, Duane Hildebrandt


Signature

Submitted by: Lucia Herman, ECR Coordinator