

The March 24th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:01 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: *GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO (ABSENT) | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

M/S/C: Rohwedder & Rogers to approve the March Regional Governing Board agenda.

M/S/C: Bierschenk & Helmrichs to approve the February minutes of the Regional Governing Board meeting.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee report with one application being recommended to the RGB to appoint, Braxton Morrison, to serve on the committee as an At Large representative from Benton County. **M/S/C:** Rogers & Heiden to approve the appointment.

Julie Davison requested approval of February claims in the amount of \$2,588,971.53, with fund balance projects in the amount of \$646,643.75. There was 1 quarterly reimbursement.

M/S/C: Rohwedder & Helmrichs to approve the February claims presented.

Deb Seymour-Guard requested approval of the February Financial Report with revenues for regular operations at \$133,146 with a YTD total \$16,724,034 (91%). Fund Balance Projects are \$49,085 with a YTD total \$1,569,103. The overall revenue budget is \$182,231 (95%), 40% higher than last year due to timing of payments to the fiscal agent. Regular operations expenses are \$1,208,437 with a YTD total \$9,000,873 (44%). Fund Balance Project expenses are \$227,584. Overall expenses are \$1,436,060 (61%).

M/S/C: Rogers & Helmrichs to approve the February Financial Report.

Deb Seymour-Guard presented the County Reimbursement Requests.

- Buchanan County 1st Quarter \$63,466.76
- Buchanan County 2nd Quarter \$86,024.78
- Delaware County 2nd Quarter \$84,326.11

M/S/C: McDonough & Heiden to approve the county reimbursements.

Mae Hingtgen opened discussion on processing revisions to fund balance projects. Providers that have been awarded funding may need to reallocate the funds or be given to another provider. Mae identified options for these revisions.

M/S/C: Gahring & McDonough approve to consider the reallocations for fund balance projects every other week by a Regional Governing Board Zoom meeting.

County Fund Balance Projects were presented from each of the following counties:

- Buchanan County revision presented by Julie Davison to transfer a previously approved amount of \$1,650 from Benton County Sheriff's Department to Independence Jr./Sr. High School.
- Delaware County revision presented by Peggy Petlon for a previously approved amount of \$2,975 to Parents as Teachers with a correction to the organization being under the Regional Medical Center umbrella.

M/S/C: Heiden & McDonough approve the revisions for County Fund Balance Projects.

Mae Hingtgen presented the FY22 Annual Service and Budget Plan. The FY22 Financial Re-Estimate was presented with expenses at \$31,539,230 and estimated ending cash fund balance of \$18,603,451 (59%) which is over by \$5,987,759 (19%). The DHS has provided an option to the regions to return the funds the region is over this fiscal year without penalty rather than waiting for a reduction in the FY23 quarterly payment. Several options and discussion for the state payback/withholding were shared. The CEO provided a revenue breakdown and recommendation to wait for the state withholding. The Regional Governing Board advises that further consideration of funding needs for the regions access centers and hubs is needed.

The FY23 outlook was reviewed, with encumbrance administrative rules outlined. The recommendation from CEO and ECR staff is that the region does not plan for any encumbrance to meet the 20% fund balance requirement for FY23. A breakdown of the financial outlook was provided with an estimated FY23 ending fund balance of \$6,537,232 (22%). A budget expansion was presented for children's prevention, partnerships with school districts, law enforcement and health care, and crisis services. Mae highlighted areas of the Strategic Plan that will be supported with the budget expansions.

The CEO provided the FY23 Annual Service and Budget Plan. A detailed line-item budget was reviewed indicating increases and decreases in the budget along with the reasoning behind each allocation. Mae Hingtgen also highlighted a few things in the FY23 Annual Service and Budget Plan:

- A commitment to the concept of brain health rather than mental health.
- A commitment to the provider network, through additional grant opportunities if needed.
- Additions in the service matrix.
 - Social Worker in the jails
 - Licensed Mental Health Professional in schools
 - Continuation of the Mobile Crisis Children's Coordinator
 - Implementation of 988 crisis hotline

Diane Brecht ECR Advisory Committee Chair provided recommendation to the RGB from the committee for approval of the FY23 Annual Service and Budget Plan.

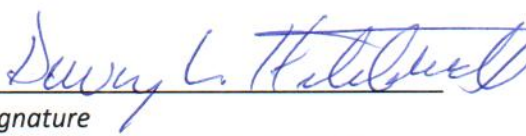
M/S/C: Rohwedder & Gahring to approve the FY23 Annual Service and Budget Plan.

Mae Hingtgen presented CEO updates on the 3rd quarter priority Initiatives providing the status of each priority and highlighting the work that is being done.

Public Comment: None

The meeting adjourned at 3:21 PM.

These minutes were approved by the Regional Governing Board.


Signature
Board Chairman, Duane Hildebrandt


Signature
Submitted by: Chelle Klootwyk, Administrative Assistant