

The April 28th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:00 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN MCDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)

Introductions of Regional Governing Board members and welcome to Rob Aiken with Iowa Department of Human Services.

M/S/C: Gahring & Gissel to approve the April Regional Governing Board agenda.

M/S/C: Rohwedder & Bierschenk to approve the previous meeting minutes of the Regional Governing Board meeting with the following corrections to the financials for February as presented at the February meeting; regular operations expenses \$1,942,328 with a YTD total of \$9,496,451 (34%). Fund Balance Project expenses are \$646,644. Overall expenses are \$2,588,972 (33%).

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee report noting the presentation by Mae Hingtgen of the ECR FY22 Priority Initiatives and consideration for FY23. The MH Access Centers provided a quarterly report. There was also discussion opened about the Firehouse model. This will be a main agenda topic at a future meeting.

Julie Davison requested approval of March claims in the amount of \$3,972,247.62, with fund balance projects in the amount of \$655,850.99. There were 2 quarterly reimbursements.

M/S/C: Gahring & Heiden to approve the March claims presented.

Julie Davison presented the County Fund Balance Project Revisions:

- Change in Scope:
 - Linn County revisions from Tanager Place and Goodwill of the Heartland.
 - Johnson County revisions from CommUnity and GuideLink/AbbeHealth.
- Change in Provider:
 - Johnson County revisions from GuideLink/AbbeHealth to Abbe Center for Community Mental Health additional funds.

M/S/C: Helmricks & Rogers to approve the revisions for County Fund Balance Projects.

Deb Seymour-Guard and Mae Hingtgen presented the FY22 Budget Review and requested approval of the March Financial Report. Mae shared a PowerPoint of the re-estimate based on expenses and revenue as of April 19th, 2022. A breakdown of assumptions and potential reductions were indicated and ideas to get the operation budget to 80%/90%. Guidance on end of year procedures were noted. Deb presented the March financials with revenues for regular operations at \$4,486,445 with a YTD total \$21,210,479 (115 %). Fund Balance Projects YTD total \$1,749,049. The overall revenue budget YTD is \$22,140,642 (120%). Regular operations revenue as of 4/27/22 are \$23,519,658 (127%).

Regular operations expenses are \$3,320,861 with a YTD total \$12,187,312 (43%). Fund Balance Project expenses are \$648,177 with YTD total 1,687,810 (26%). Overall expenses are \$3,969,038 with YTD total \$15,508,194 (45%). Regular operations expenses as of 4/27/22 are 51% and Fund Balance Projects are at 33%. Service Development and Expansion total funding approvals as of 4/27/2 are \$4,139,714 (69%). Cash Balance total is \$20,367,615.

M/S/C: Gahring & Gissel to approve the FY Budget Review and March Financial Report.

Deb Seymour-Guard presented the 3rd quarter payment to the fiscal agent in the amount of \$12,890.45 to the Johnson County Auditor. 515 checks issued with interest earned in the amount of \$22,977.56.

M/S/C: Gahring & Helmricks to approve the payment.

Deb Seymour-Guard presented the 3rd Quarter County Reimbursement Requests. Benton County (\$60,697.07), Bremer County (\$38,036.51), Dubuque County (\$101,275.75), Iowa County (\$20,081.97), Johnson County (\$188,831.22), and Jones County (\$85,088.65).

M/S/C: Gahring & Rohwedder to approve the county reimbursements.

Mae Hingtgen presented the IRSH Development. Two primary barriers to developing the service this year have been workforce and finalization of a contract with managed care organizations. The DHS issued a statement for the development of IRSH services which includes language intended for regions that are financially able to provide these services. The CEO would like to issue an RFP to fund startup costs to providers that will develop the service with a 1-year contract.

M/S/C: Gahring & Gissel to approve the CEO developing start up for IRSH services in FY22.

Ann Cameron Williams presented new contracts for Drake University, Finley Hospital, Restoring Wellness, MercyOne Dubuque, and University of Iowa Hospitals.

M/S/C: Gahring & Rogers to approve the new contracts.

Mae Hingtgen provided a quarterly update on both access centers, highlighting the continued access and distribution of access across the region, increased partnerships with law enforcement, and high intake for substance use.

Mae Hingtgen presented CEO updates on CSRS Children RFP that was issued with one proposal received from Tanager Place. An official approval from the Deputy Auditor of State on the ARPA funds concludes that the funds approved by the county do not also have to be run through the region for approval. Mae also unveiled the Jail Diversion Resource Guide that the region will be distributing to the judicial system in each of the regional counties.

The RGB Board Chair opened discussion on a date for a board retreat with June 30th noted as a possible date. Items to be discussed will be administrative operations and budget process. Location will be central and confirmed at a later date. The meeting will start after 10 AM.

M/S/C: Gahring & Helmricks to approve the RGB retreat date of June 30th, 2022.

The RGB Board Chair opened discussion on the meeting location for the FY23. Recommendation is to continue at Kirkwood – Linn County Regional Center at a fee per meeting of \$80.

M/S/C: Gissel & Rogers to approve the FY23 meeting location and fees of Kirkwood – Linn County Regional Center.

Public Comment:

Leslie Carpenter with Iowa Mental Health Advocacy expressed she is in favor of IRSH beds. She has concern that the Glenwood closing may fill those beds and not open up to persons in the region already in need of this level of care. Leslie noted that substance use disorders are on the rise and this is a brain

health issue that leads to abuse not a choice just as brain health issues are not a choice and often these are co-occurring. We should have our hearts open to treat these people with just as much care and concern and empathy.

The meeting adjourned at 2:37 PM.
These minutes were approved by the Regional Governing Board.



Signature

Board Chairman, Duane Hildebrandt



Signature

Submitted by: Chelle Klotwyk, Administrative Assistant