

The May 26th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:00 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: *GARY BIRSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP (ABSENT) | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

M/S/C: Rohwedder & Bierschenk to approve the May Regional Governing Board agenda.

M/S/C: Rohwedder & Helmrichs to approve the previous meeting minutes of the Regional Governing Board meetings.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee update about the University of Iowa Transportation Gap Analysis. Diane highlighted some discussion points about training and education for transportation providers and the difference between rural and urban access.

Jody Bridgewater provided the annual HIPAA training video to the RGB members.

Julie Davison requested approval of April claims in the amount of \$2,071,837.50 with fund balance projects in the amount of \$391,226.66. There were 2 quarterly reimbursements.

M/S/C: Rogers & Gahring to approve the April claims presented.

Julie Davison presented the County Fund Balance Project Revisions:

- Change in Scope:
 - Johnson County revisions from United Action for Youth.
- Change in Provider:
 - Linn County revisions from Linn County Access Center to Discovery Living, Willis Dady, Resources for Human Development, Abbe Center for Community Mental Health, Inc, NAMI – Linn County, NTS – Horizons, The Arc of ECI, and Crest Services.

M/S/C: Gahring & Gissel to approve the revisions for County Fund Balance Projects.

Deb Seymour-Guard presented the April Financial Report with revenues for regular operations at \$1,193,069 with a YTD total \$22,403,548 (121%). Fund Balance Projects in the amount of \$407,155.92 with a YTD total \$2,156,205. The overall revenue for the month of April \$1,600,255 with a YTD total \$23,740,867 (128%) of the revenue budget of \$18,451,633. Regular operations expenses are \$1,693,772 with a YTD total \$14,511,083 (51%). Fund Balance Project expenses are \$377,987 with YTD total \$2,065,797 (32%). Overall expenses are \$34,591,520. The month of April overall expenses were \$2,071,759 with YTD total \$17,579,953 (51%). As of 4/30/22 the YTD revenues less expenses are \$6,160,914. Cash Balance total is \$19,896,080.62. As of today's date, less the service development and expansion total the regular operations are at \$22,187,360 with a paid to date total of \$13,599,542 (61%). Service development and expansion total budget of \$6 million with approved spending of \$4,590,828 (77%) with a paid to date amount of \$2,711,745 (59%), paid vs total budget is 45%. Fund Balance Project budget is \$6,404,160 with YTD \$2,724,365 (43%). The overall budget is \$34,591,520 with YTD \$20,038,724 (58%).

M/S/C: Gahring & Heiden to approve the April Financial Report.

Deb Seymour-Guard presented the 3rd Quarter County Reimbursement Requests. Buchanan County (\$86,982.43), Delaware County (\$77,666.36), and Linn County (\$190,562.74).

M/S/C: Rogers & Helmrichs to approve the county reimbursements.

Mae Hingtgen presented FY23 Priority Initiatives including goals, outcomes, and current reality.

- Access
 - Unified data structure to drive services
 - Evaluation of crisis services to support access
- Effective Partnerships
 - Workforce shortages impacting the regional goals
 - Contract for service coordination evaluation
 - Mid-level management training for staff retention
 - Targeted brain health support for employees
- Array of Services
 - Implement Peer Support Evaluation recommendations
 - Continue service development for people with complex needs
 - Advocate for enhanced integration of co-occurring disorders
 - Implement broader brain health prevention services for children
- Fiscal Responsibility
 - Develop more robust data analytics.
 - Effectively implement the regional FY23 budget
- Cohesive Region
 - Consistent ECR staff training – develop a training plan
 - Centralization of regional administration creating opportunities for equal pay

M/S/C: Gahring & Heiden to approve the Priority Initiatives for FY23.

Ann Cameron Williams presented new contracts for Drake University, Families, Inc., and Laura Semprini.

M/S/C: Gahring & McDonough to approve the new contracts.

Julie Davison gave a report on FY22 Peer support evaluation and recommendations. A subcommittee of coordinators identified outcomes. Observations from the evaluation were shared. The committee recommendations were:

- Discontinue current provider in Buchanan and Delaware Counties
- Evaluate the need in Buchanan & Delaware Counties to offer drop in services
- Ensure staff complete objectives regarding highly qualified and trained staff
- Provide programmatic and financial support to advertise activities
- Review the use of peer support professionals in the warm line
- Continue to participate in state-wide Peer Support Recovery Evidence Based Practices Group

M/S/C: Gahring & Gissel to approve the FY22 Peer Support Report recommendations.

Jan Heidemann presented revisions to the 28E Agreement. Mae Hingtgen noted that there are some things DHS needed changed due to funding. The board will review and consider these recommendations and have a final discussion with approval at the June meeting.

Mae Hingtgen provided updates on CSRS Children's negotiations with Tanager Place. Consideration for a new home to be constructed near the campus and utilize staff between the locations. More information and contract will be presented at a future meeting. IRSH RFP was released May 2nd and proposals are due June 3rd. Possible encumbrances to allow these projects to be included in the FY22 funding.

The RGB Board Chair opened discussion on the meeting location and times for the June 30th Regional Governing Board work session. Recommendation is 10:30 AM in Amana Colonies.

M/S/C: Gahring & Rohwedder to approve the location and time for the RGB work session.

Public Comment:

Chelle Klootwyk noted that a re-occurring Zoom meeting will be established for the ECR Advisory Committee and Regional Governing Board meeting to allow for more consistent participation.

John Gahring presented some questions on file 619 from his county auditors. Deb Seymour- Guard provided feedback and a more detailed explanation and processes will be sent to each of the county auditors.

The meeting adjourned at 2:45 PM.

These minutes were approved by the Regional Governing Board.



Signature

Board Chairman, Duane Hildebrandt



Signature

Submitted by: Chelle Klootwyk, Administrative Assistant