

The August 17th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:00 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | DON SHONKA - ALTERNATE BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN MCDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO (ABSENT) | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO (ABSENT) | DIANE BRECHT ADULT PROVIDER REP (ABSENT) | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)

M/S/C: Helmricks & Shonka to approve the August Regional Governing Board agenda with the addition of a contract for service with Iowa Northland Regional Council of Governments.

M/S/C: Rohwedder & Heiden approve the previous meeting minutes of the Regional Governing Board.

No conflict of interest regarding agenda items.

Jenn Day presented an Advisory Committee update with information from Iowa Board of Certification on the process for Peer Recovery Specialist & Peer Recovery Coaches certification. A presentation was provided by Kellee McCrory with the University of Iowa Peer Workforce Collaborative and Mae Hingtgen shared legislative priorities.

Julie Davison requested approval of July claims in the amount of \$2,218,870.45. Fund Balance Projects in the amount of \$835,461.20. There were no quarterly payments.

M/S/C: Heiden & Rohwedder to approve the July claims presented.

Deb Seymour-Guard presented the July Financial Report with total revenues at \$5,808,755 with a majority being a payment from Iowa Health and Human Services (25%), with an overall FY22 revenue \$8,496,893 (36%). County payments to the region not received by 6/30/22 were \$2,144,798 (9%). Regular operations expenses \$1,368,024 (4%). Fund Balance expenses \$850,846 with overall expenditures \$2,218,870 (8%). Special note that \$2,059,908 of the total July 2022 expenses are FY22 accruals. YTD cash revenues less the YTD cash expenses nets \$6,278,022.29. Fiscal Agent cash balance is \$22,800,122.64. Overall fund balance completion status \$5,145,536 paid out of \$5,664,093 (91%). The net county year end payout to the region \$1,399,101.16, as of today that has decreased to \$1,262,184.61. A summary of cash expenditures for FY22 was provided, out of a total amount of \$24,123,939; 81% regular operations, 15% fund balance projects, and 4% completion of the CARES Act funds. Funds by disability type and by DHS category were also provided.

M/S/C: Helmricks & Heiden to approve the July Financial Report.

Peggy Petlon presented contracts for the following providers and services:

- RISE – Counseling Services
- Your Best Interest – Guardian Services
- Shelter House MOU – Step Down Beds
- Iowa Northland Regional Council of Governments – Transportation Services

M/S/C: Rohwedder & Shonka approve the contracts & MOU.

Jody Bridgewater provided the contract meeting space at Kirkwood – Linn County Regional Center for the 2nd half of FY23 with an increase from \$80 per day to \$125 per day. Board chair recommendation is to continue the contract.

M/S/C: Heiden & Rohwedder approve the payment and contract for the 2nd half of FY23 and 1st half of FY24 with Kirkwood - Linn County Regional Center.

Jody Bridgewater shared the Quality Assurance Report noting data has been previously collected, however not always presented in this format. Highlights of the report included Stakeholders feedback that will be collected for future reference. Provider Notes Service Audit data was documented. There is a Fidelity Review for Assertive Community Living with a mean score of 115 = Full Implementation. Monitoring the complex needs services and applications submitted were evaluated as well as the process of applying.

The CEO gave a summary report on the Service Development and Expansion Projects related to workforce and brain health prevention funding. She expressed a lot of pride in what has been accomplished and kudos to all the ECR staff that worked on everything. \$5,654,876 funding approved. Impact to the Strategic Plan, approved categories, and impact on population groups were noted. Examples and outcomes from providers on the impact of this funding was also shared.

Public Comment: None

The meeting adjourned at 2:02 PM.

These minutes were approved by the Regional Governing Board.



Signature

Board Chairman, Duane Hildebrandt



Signature

Submitted by: Chelle Klootwyk, Administrative Assistant