

The September 22<sup>nd</sup>, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:01 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

**Board Members:** *GARY BIRSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP (ABSENT) | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

**M/S/C:** Rogers & Helmrichs to approve the September Regional Governing Board agenda with an addition to the CEO updates to include the first quarter priority initiatives.

**M/S/C:** Heiden & Gissel to approve the previous meeting minutes of the Regional Governing Board.

No conflict of interest regarding agenda items.

Diane Brecht presented an Advisory Committee update with information presented from Hillcrest and Abbe Center for Community Mental Health to share a presentation on the Certified Community Behavioral Health Clinics. Mae Hingtgen provided an update on the Service Development and Expansion funding.

Julie Davison requested approval of August claims in the amount of \$2,183,834.34 and Fund Balance Projects in the amount of \$820,285.03.

**M/S/C:** Rogers & Gissel to approve the August claims presented.

Deb Seymour-Guard presented the August Financial Report with total revenues at \$40,493 (25%) with a Dubuque County payout to the region in the amount of \$90,781 and overall FY23 revenue \$131,274 with a YTD amount of \$8,628,167 (37%). Deb noted 5-year revenue trends. Regular operations expenses \$1,196,755 with YTD \$2,564,780 (9%). Fund Balance expenses \$847,079 with YTD \$1,697,925 and overall expenditures \$4,262,705 (14%). 5-year expense trends were also noted. Cash revenues of \$8,628,167 less cash expenses of \$4,262,705 equal a net cash of \$4,365,462. Fiscal Agent cash balance is \$20,887,562.43. A fund balance status was provided by county with total approved projects in the amount of \$5,677,547 and \$5,325,382 (94%) paid. A chart was provided of the net payout to the region for each county with a total of \$1,536,777.38 returned to the region. Final payout as a percentage of the county's FY21 cash fund balance chart was provided with a total of 19.76% to the region.

**M/S/C:** Gahring & Helmrichs to approve the August Financial Report.

Deb Seymour-Guard and Brian Unsen from Eide Bailly presented the FY21 Financial Audit. Brian highlighted some key factors including a chart listing the counties in the region that are not audited by the firm, an adverse opinion was explained due to the structure of the region, the balance sheet will change in FY23 as everything will be under the region, and new this year due to grant funding is a schedule of expenditures included with the audit of those funds. Findings related to the financial statement were also shared: material audit adjustments, preparation of financial statements, and board minutes.

**M/S/C:** Rohwedder and Gissel to approve the FY21 Audit.

Peggy Petlon presented contracts for the following providers and services:

- Darrell Davis Center – Adult Day Hab Services

- GuideLink (*revised*) – Access Center
- Tanager (*revised*) – CSRS MOU Update

**M/S/C:** Gahring & Bierschenk approve the contracts & MOU.

Jan Heidemann introduced a letter of support to IHH for Pathways Behavioral Services designation as the ECR Mental Health Center in Bremer County.

**M/S/C:** Rohwedder & Gissel approve the letter of support for Pathways Behavioral Health.

The CEO provided updates on the following:

- Process for replacing a coordinator and job description for an Access Coordinator. Some responsibilities include involvement with jail diversion, crisis services, and working with CEO on expanding services, and collaboration with healthcare systems.
- The Drake Psychopharmacology Program start up funded by ECR awarded 3 scholarships and 2 are enrolled with an agreement to practice in our region for 2 years.
- A Fund Balance Project Report was provided detailing totals by strategic goals and population served. Examples and outcomes of the goals were noted. Fund Balance total approved and paid was 94%.
- The 1<sup>st</sup> Quarter Priority Initiatives were reviewed and progress updates on each discussed.

Board Chair opened discussion on the RGB meeting dates for November and December due to the holidays. Recommendation for Tuesday, November 29<sup>th</sup> at the same time and location.

**M/S/C:** Rogers and McDonough approve to have a combined November/December Regional Governing Board meeting on Tuesday, November 29<sup>th</sup>, 2022, at 1pm.

Public Comment: None

The meeting adjourned at 2:12 PM.

These minutes were approved by the Regional Governing Board.



*Signature*

Submitted by: Chelle Klootwyk, Administrative Assistant



*Signature*

Duane Hildebrandt, Board Chairman