

The October 27th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:01 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: *GARY BIERSCHENK BENTON CO | DUANE HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN MCDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)*

M/S/C: Rogers & Gahring to approve the October Regional Governing Board agenda.

M/S/C: Helmrichs & Rohwedder to approve the previous meeting minutes of the Regional Governing Board.

No conflict of interest regarding agenda items.

Diane Brecht presented an ECR Advisory Committee update with information from the regional access centers, expressing there is also great work being done in the access hubs as well and they will be providing an update next month. The regional CEO provided a Fund Balance Report and encouraged feedback for the upcoming annual report.

Mae Hingtgen shared the brain health proclamation for October 2022 to be designated as Brain Health Awareness Month.

M/S/C: Gahring & Helmrichs to approve the proclamation.

Julie Davison requested approval of September claims in the amount of \$2,615,886.68 and Fund Balance Projects in the amount of \$138,259.44. There were quarterly re-payments to all nine counties.

M/S/C: Gahring & Gissel to approve the September claims presented.

Deb Seymour-Guard requested payment of the Fiscal Agent fees for the FY23 first quarter in the amount of \$12,540.03 to the Johnson County Auditor. 501 checks were processed with interest earned in the amount of \$101,213.90

M/S/C: Rogers & Gissel to approve the FY23 1st quarter payment to the Fiscal Agent.

Deb Seymour-Guard presented the September Financial Report with total revenues at \$5,846,191 with a YTD total \$11,695,439 (50%). A county payout to the region in the amount of \$157,282 and overall FY23 revenue \$6,003,473 with a YTD amount of \$14,631,640 (63%). The 2nd quarter payment from the state \$5,779,258.50 received on 9/26/22 and inflates the percent of budget. A county payout to the region received after 6/30/22 in the amount of \$2,392,861, 24% of YTD revenues. Interest on accounts at 81% of budget for end of the first quarter. Deb noted 5-year revenue trends. Regular operations expenses \$2,466,849 (17%). Fund Balance expenses \$149,038 and overall expenditures \$2,615,887 with YTD \$6,878,591 (23%). 5-year expense trends were also noted. Cash revenues less cash expenses equal a net cash of \$7,753,049. Fiscal Agent cash balance at \$24,275,148.65.

M/S/C: Gissel & Heiden to approve the September Financial Report.

Peggy Petlon presented contracts for the following providers and services:

- Dubuque County – Jail Social Worker
- Johnson County – Jail Social Worker

M/S/C: Rogers & Helmrichs to approve the contracts.

Jessica Kelly from Tanager Place shared information on services they provide for children in the region including:

- A full time Therapist at the juvenile detention center
- Prevention Expressive Art Therapy – Linn, Jones, & Benton Counties
- Youth Mental Health First Aid - 33 participants funded by the region
- Resilient Suicide Response Event
- Children’s Crisis Stabilization Unit - up to 5 days for ages eighteen & under

Gray Grant and Mae Hingtgen shared four Legislative Priorities that have been established along with Regional Governing Board Legislative Committee input; with the focus, priority, background, and recommendations provided for each.

- Workforce Issues
- Managed Care Organizations development of more sustainable rates streamlined billing process, and quicker certification of providers
- Allow the MH/DS Regions to sustain a fund balance of 10% for FY24 and beyond
- Integrate funding and policy for co-occurring disorders

Mae also noted that there is legislation to have code language changed to Brain Health.

M/S/C: Rohwedder & Helmrichs approve the Legislative Priorities as identified.

Mae Hingtgen presented revisions to the Dubuque and Linn County MOU Exhibit A with changes in employees for Dubuque County and the coordinator role in Linn County.

M/S/C: Rogers & Gissel approve the revisions to the MOU Exhibit A for both Dubuque and Linn County.

The CEO provided updates on the coordinator job descriptions for each of the nine counties.


Public Comment: None

The Board Chair noted a success story from the Access Center shared by Ben Rogers with the Regional Governing Board. Ben reshared the story about a pregnant woman in distress who sought care at the Linn County Access Center and later expressed her progress and appreciation with a photo of her baby. It’s a success story for the region with ripple effects from services provided that we may never understand, and Ben was both shocked and inspired.

Dewey Hildebrandt shared he had presented to a civic organization in Waverly on regional services and noted the language change from mental health to brain health, which had a positive response from the group.

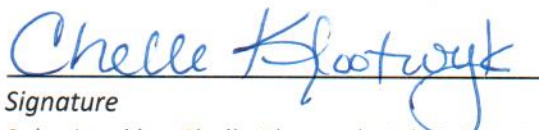
The meeting adjourned at 1:55 PM.

These minutes were approved by the Regional Governing Board.



Signature

Board Chairman, Duane Hildebrandt



Signature

Submitted by: Chelle Klotwyk, Administrative Assistant