

The November 29th, 2022, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:02 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: GARY BIERSCHENK BENTON CO | DEWEY HILDEBRANDT BREMER CO | GARY GISSEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN MCDONOUGH DUBUQUE CO | JOHN GAHRING IOWA CO | PAT HEIDEN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP (ABSENT) | MELISSA O'BRIEN CHILDREN'S EDUCATOR REP (ABSENT) | ANGELA ZIMPHER PARENT REP (ABSENT)

M/S/C: Bierschenk & Helmrichs to approve the November Regional Governing Board agenda.

M/S/C: Gissel & Heiden to approve the previous meeting minutes of the Regional Governing Board.

No conflict of interest regarding agenda items.

Diane Brecht presented an ECR Advisory Committee update with information shared from the regional access hubs in Dubuque and Benton Counties and sharing their collaborative efforts. The ECR Advisory recommends an application for Judy Breja as the Benton County Provider Representative to the ECR Advisory Committee. The ECR Advisory supports approval of the FY22 Annual Report.

M/S/C: Bierschenk & Gahring to approve the Benton County Provider applicant to the ECR Advisory Committee.

Julie Davison requested approval of October claims in the amount of \$839,201.12 and Fund Balance Projects in the amount of \$65.44.

M/S/C: Helmrichs & Rohwedder to approve the October claims presented.

Deb Seymour-Guard presented the October Financial Report with total revenues at \$58,411 with a YTD total \$14,690,051 (65%). Not included in the budget were fund balance projects and county pay out to the region at 13%. Interest is at 125% of budget. Deb highlighted five-year revenue trends. Overall expenses were \$828,733 (26%), \$65 of that for a fund balance project. Regular operations are at 20%. Five-year trends for expenses were also noted. Expenses by disability group, along with expenditures by HHS category and service type were visually broken down. Cash revenues of \$14,690,051 less cash expenses of \$7,707,324 equal a net cash of \$6,982,727. Fiscal Agent cash balance is \$23,504,826.51.

M/S/C: Gahring & Gissel to approve the October Financial Report.

Jan Heidemann and Mae Hingtgen presented the FY22 annual report with information from the region provided in the template from HHS. Jan highlighted most sections of the report, and the Finance Director noted the financial information, including revenues and expenditures. Many impacts the region had on services through the year were shared in a narrative and charts.

M/S/C: Gahring & Gissel to approve the FY22 Annual Report as of 11/29/22 with one county report still needed to finalize.

Deb Seymour-Guard provided a letter certifying to HHS the ending fund balance in the amount of \$16,010,370. Deb is requesting approval to timely certify with consideration that the amount may change due to the gap report still needed from one county. A confirmation of the final total will be reported at the January 2023 meeting.

M/S/C: Heiden & McDonough to approve the letter certifying the ending fund balance with one county report still needed.

Peggy Petlon presented contracts for the following providers and services for individuals with intensive Brain Health needs:

- Southeast Iowa Behavioral Services – PMI
- Pillar of Cedar Valley – PMI

M/S/C: Heiden & Helmricks to approve the contracts.

The CEO provided updates on the budget process reviewed by the Finance Committee. County budgets to be completed at the end of the calendar year with a final report presented at the January 2023 meeting. A draft of the budget will be reviewed at the February meeting with potential feedback. The CEO shared the coordinator continuum of responsibilities. This document that can be a resource for the Regional Governing Board as needed.

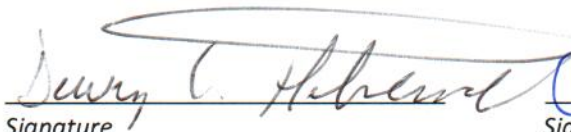
The board chair and CEO recognized outgoing Regional Governing Board members, Pat Hidden (Johnson County), Gary Gissel (Buchanan County), and John Gahring (Iowa County).

Public Comment:

Shirley Helmricks noted the good camaraderie of this Regional Governing Board and Dewy Hildebrandt echoed the sentiment.

The meeting adjourned at 2:06 PM.

These minutes were approved by the Regional Governing Board.



Signature

Dewy Hildebrandt, Board Chairman



Signature

Submitted by: Chelle Klotwyk, Administrative Assistant