

The April 27th, 2023, Mental Health/Disability Services of the East Central Region Governing Board meeting was brought to order at 1:01 pm. The meeting was located at Kirkwood – Linn County Regional Center, 1770 Boyson Rd., Hiawatha, IA 52233 and by Zoom.

Board Members: GARY BIRSCHENK BENTON CO | DEWEY HILDEBRANDT BREMER CO | DAWN VOGEL BUCHANAN CO | SHIRLEY HELMRICHS DELAWARE CO | ANN McDONOUGH DUBUQUE CO | JONATHAN DEGEN IOWA CO | ROD SULLIVAN JOHNSON CO | NED ROHWEDDER JONES CO | BEN ROGERS LINN CO | DIANE BRECHT ADULT PROVIDER REP | JENN DAY ADULT & FAMILY PEER REP | AMY GRASK CHILDREN'S PROVIDER REP | STAN RHEINGANS CHILDREN'S EDUCATOR REP | ANGELA ZIMPHER PARENT REP (ABSENT)

Public Comment:

Ann McDonough expressed concern regarding a recent incident involving a kindergarten class and the occurrence of Adverse Childhood experiences (ACES). McDonough noted she would like to see the ECR have a priority initiative about school violence and what children and teachers are experiencing. Jenn Day noted that a Threat Assessment exists and could be a useful tool.

**M/S/C:** Bierschenk & McDonough to approve the April Regional Governing Board agenda.

**M/S/C:** Rohwedder & McDonough to approve the previous meeting minutes of the Regional Governing Board.

No conflict of interest regarding agenda items.

Diane Brecht presented an ECR Advisory Committee update noting that the committee appreciates the ability to have input on the ECR Priorities and Initiatives. The Committee appreciated the legislative updates presented by CEO Mae Hingtgen. The Advisory Committee found the Peer and Family report to be valuable information.

Mae Hingtgen requested approval of February claims in the amount of \$2,681,083.40.

**M/S/C:** Rogers & Sullivan to approve the March claims presented.

Mae Hingtgen presented the March Financial Report. Revenues received in March were \$2,642,436. Of that amount \$2,547,273 was received from the State of Iowa for the 4<sup>th</sup> quarter payment of this fiscal year. Year-to-date revenues are \$20,215,774 representing 87% of the budget. March expenditures were \$2,680,970 with year-to-date expenses totaling \$15,701,479 which is 53% of the budget. As of 3/31/23 total revenues less total expenses equals \$4,514,160 which is a decrease from the last month. The net will continue to decrease for the remainder of the year. The cash balance as of 3/31/23 was \$21,036,396.

**M/S/C:** Sullivan & Vogel to approve the March Financial Report.

Mae Hingtgen presented the 4<sup>th</sup> quarter payment to the Fiscal Agent in the amount of \$10,863.02.

**M/S/C:** McDonough & Rogers to approve the 4<sup>th</sup> quarter payment to the Fiscal Agent.

The University of Iowa presented the final outcomes of the Transportation Gap Analysis Report for the region. They will finalize and send the CEO specific details in the report in the next coming months.

The CEO provided an update on:

- FY23 additional projects and ending fund balance Mae estimates will be around 14.33%.
- HF471 and proposed Regional Governing Board composition was explained. The RGB plans to discuss this more at their next scheduled retreat. Governing board members noted they would like to see continued representation from all ECR counties.




- The Cost of Preparedness support for crisis services. Mae presented proposed FY24 ECR support of Access Centers and Hubs.

Peggy Petlon presented contracts, MOUs, and a rate sheet for the following providers and services:

- Switzer Counseling Services – Therapy – Medicaid Rates
- American Secure Car, LLC – Transportation – \$2.62/mile Medicaid Rate
- Heartland Strategies – Advisory Services - \$30,000/quarterly
- The Peerman Group – Academy of Excellence Training - \$1,500/day and \$320/person
- Faith and Family – ID Waiver Services – Medicaid Rates
- FY23 Provider Grant MOUs
  - Crescent Community Health Center – Operations/Technology \$70,000
  - Tanager – Operations/Technology \$105,000
  - B & D Services – Operations/Technology/Workforce \$70,000
  - The Arc of Southeast Iowa – Operations/Technology/Workforce \$30,000
  - Optimae LifeServices – Operations/Technology \$70,000
  - Hillcrest Family Services – Operations/Technology \$240,000
  - Foundation 2 Crisis Services – Operations/Technology/Workforce \$45,000
  - Unlimited Services, Inc. – Workforce \$45,000
  - Lutheran Services in Iowa – Operations/Technology \$30,000
  - Unlimited Abilities – Operations/Technology \$44,089
  - Builders of Hope Inc. – Operations/Technology \$7,482
  - Fast-Trans LLC – Operations/Technology/Workforce \$30,000
  - Successful Living – Operations/Technology/Workforce \$70,000
  - Delaware County Community Life – Operations/Technology/Workforce \$20,000
  - North Star Community Services – Operations/Technology \$30,000
  - NAMI Johnson County – Operations/Technology/Workforce \$30,000
  - Goodwill of the Heartland – Operations/Technology \$70,000
  - Families Inc. – Workforce \$6,500
  - Shelter House – Operations/Technology \$20,000
  - Advancement Services of Jones County – Operations/Technology/Workforce \$45,000
  - Inclusion Connection – Operations/Technology/Workforce \$6,000
  - Four Oaks Family and Children’s Services – Operations/Technology \$45,000
  - Community Based Services of Bremer County – Operations/Technology \$30,000
  - Caring Hands & More LLC - Operations/Technology/Workforce \$68,767.37
  - Abbe Health/GuideLink Access Center – Special Project \$347,995
  - Linn County Mental Health Access Center – Special Project \$426,363
  - Optimae LifeServices – Special Project \$58,159
  - Hillcrest Family Services – Special Project \$250,000
  - Cedar Valley Ranch – Modification/Workforce \$4,363

**M/S/C:** Sullivan & McDonough to approve the contracts and MOUs as presented.

The meeting adjourned at 2:48PM. These minutes were approved by the Regional Governing Board.

  
Signature

Dewey Hildebrandt, Board Chairman

  
Signature

Submitted by: Lucia Herman, ECR Coordinator