

ECR Adult Advisory Committee Meeting Minutes

March 23, 2023, 11:00 AM

Committee Members Present: Diane Brecht, Judy Breja, Stephanie Brooks, Jenn Day, Stacie Lane, Steve Miller, Theresa Graham Mineart, Braxton Morrison, Jean Ohlen, Theresa Phillips, Janae Schmitt, Jenn Wolff, and Lowell Yoder.

Welcome and introductions.

Review and approval of prior meeting minutes.

M/S/C: Day and Phillips approved the February meeting minutes.

Norlan Hinke with the ISU Extension and Outreach office shared information on the Farm & Ranch Mental Health and Wellness Program including background and impacts that led to the formation of Project Recovery Iowa. He shared stories of individuals in the farming community experiencing mental health issues. All materials distributed about the program are offered free though a grant opportunity and can be obtained by reaching out to a local county ISU Extension & Outreach office. The grant funding will run out as of June 30th, 2023, and the ECR Advisory Committee and the regional CEO expressed interest in working with the ISU Extension & Outreach to continuing the program.

Todd Lange presented a Peer & Family update sharing that the Peer Warm Line has had an average of 1,200 to 1,400 calls per month with 300 – 400 from our region. Statewide Peer Support services include the Warm Line, R Place, and Life Connections. An update from the region on wellness centers in Buchanan, Delaware, and Jones. The Iowa Peer Network is hosting a Peer Support Summit in Des Moines on May 19th and 20th and there are sponsorship opportunities for Peer Support Specialists to attend.

Jan Heidemann provided regional updates of the Annual Service and Budget Plan completed as a required template of information from the Health and Human Services. Jan gave a walk through of the plan specific for the region including the budget of expenditure line items and revenues. Financial forecasting measures were briefly highlighted from the narrative of the plan.

M/S/C: Phillips and Yoder recommend approval of the Annual Service & Budget Plant to the Regional Governing Board.

Item #6 Legislative update was tabled due to time consideration.

Committee Updates: None

Public Comment: None

The meeting adjourned at 12:37 PM.