

ECR Adult Advisory Committee Meeting Minutes

April 27, 2023, 11:00 AM

Committee Members Present: Diane Brecht, Cody Brickman, Judy Breja, Stephanie Brooks, Jenn Day, Stacie Lane, Steve Miller, Theresa Graham Mineart, Braxton Morrison, Jean Ohlen, Theresa Phillips, Janae Schmitt, Jenn Wolff, and Lowell Yoder.

Welcome and introductions.

Review and approval of prior meeting minutes.

M/S/C: Yoder and Miller approved the March meeting minutes.

Todd Lange presented an Adult and Family Peer Support Committee update sharing that there was a presentation given by Devon McCluren from the Office of Recovery Services. Iowa Warm Line had an average of 1,200 to 1,400 calls per month with 300 – 400 calls from our region. NAMI National Conference is May 24-27th in Minneapolis. ECR is willing to sponsor peers to attend that conference. GuideLink, Linn County Mental Health Access Center utilizing Peer Support Services. WRAP training occurred in ECR at end of March. Multiple WRAP groups occurring across the region. Iowa Peer Support Summit in Des Moines on May 19 & 20. Appreciative of the region offering to sponsor peers at the national conference.

Mae Hingtgen provided an update on FY 24 Priority Initiatives asking for Advisory Committee input. The Strategic Plan is a five-year plan with Priority Initiatives developed annually. Service enrollment: trainings needed. Access: More people are accessing services. Transportation: the gap analysis is good to find crisis-based transportation. People are in acute care hospital beds and cannot get the services needed in the community (gap across the state). Complex needs include our elderly population that age out of hab or need nursing Level of Care. Array of Services: Almost meet this (not IRSH). Working with Eastern Iowa Region to release an RFP. ECR is offering a lot of MHFA and de-escalation trainings. This improves skill level of staff in nursing homes, library staff, homeless staff, etc. ECR also helping to become a CADAC. Effective partnerships: healthcare, Law Enforcement, and education. Region supported expansion of MHFA and now teen MHFA. Abbe has the partnership with Hillcrest that would not have happened without ECR, as well as AOT and teen MHFA in East Delaware. Continue development of CIT and expansion of the Law Enforcement Liaisons. The three community colleges worked together to offer trainings on burnout, etc. to healthcare workers. Fiscal Responsibilities: Standing Appropriation from the state unless they pass a new bill to change it. Cohesive region: Progress has been made in access no matter where you live.

Jan Heidemann and Mae Hingtgen provided updates on legislation at the state level. SF 471 passed the House yesterday and will be forwarded to the Governor. Flyer will be shared regarding the vacancies on this committee.

Committee Updates: Lowell Yoder shared that one of the issues for UIHC is the number of Behavioral Health patients in the Emergency Department. This impacts medical traumas, etc. Project coming to collocate the Behavioral Health and trauma together. Specialized area for folks that are coming in with co-occurring issues. Abbe has hired another counselor co-occurring, individual, as well as group, willing to work with people on harm reduction or abstinence (not just an abstinence model) with walk in times four days a week. NAMI Walk in Iowa City May 6th. Living Undeterred that day as well.

Public Comment: None

M/S/C: Schmitt, Yoder to adjourn.

The meeting adjourned at 12:23 PM.

Respectfully submitted by Jan Heidemann