

## ECR Adult Advisory Committee Meeting Minutes

June 22, 2023, 11:00 AM

Committee Members Present: Judy Breja, Cody Brickman, Jenn Day, Stacie Lane, Steve Miller, Theresa Graham Mineart, Braxton Morrison, Barb Otting, Theresa Phillips, Janae Schmitt, and Lowell Yoder.

Welcome and introductions.

Roll Call – Chelle Klootwyk

Review and approval of prior meeting minutes.

**M/S/C:** Morrison and Schmidt approved the April meeting minutes.

Todd Lange presented a Peer & Family update with shared information on statewide resources such as the Abbe Warm Line receiving extended funding, R Place and NAMI remote peer support increasing number of participants, and Life Connections in DeWitt has a peer respite & virtual recovery wellness center. Peer Support Specialists have continued training through the Iowa Peer Network. At next month's meeting Cody Crawford from Iowa Health and Human Services will present recovery initiatives on the substance use side.

Mae Hingtgen presented regional updates:

Regional Governing Board compassion changes due to HF471 that passed this year allowing only 49% membership from regional county Board of Supervisors. With this change a subcommittee made decisions on the composition and will consider them at the RGB meeting this afternoon. In addition to the county Board of Supervisors, seven members are required by law to be on the board:

- Adult with lived experience and an adult provider representative – selected by the Regional Advisory Committee.
- Parent of a child with SED, children's provider, and educational representative – selected by the Regional Children's Advisory Committee.
- Law enforcement representative – new appointment
- Judicial system representative – new appointment

Recommendation from the ECR Advisory Committee is for continuation of Diane Brecht to serve as the provider representative and Jenn Day as the person with lived experience.

FY24 Priority Initiatives with consideration and feedback provided at a previous Advisory Committee meeting:

- **Priority Tier 1**
  - Ensure a smooth transition to a re-composed Regional Governing Board with an intent to continue the strength of relationships and engagement with all 9 counties.
    - Due to HF471.
  - Effectively implement and monitor the FY24 budget in order to ensure service delivery and utilization are balanced with fiscal responsibility that lowers the region's fund balance to the legislatively directed amount.
    - Added by the Regional Governing Board.
  - Creatively work with traditional and non-traditional partners to support the needs of those who have traditionally been difficult to serve by supporting or developing services in the following areas: Assisted Outpatient Therapy, Outpatient Community-Based Restoration, Permanent Supportive Housing, and Intensive Residential Support.
    - Correction for Assisted Outpatient Therapy to Assisted Outpatient Treatment.

- Explore and implement consistent practices with other regions that impact access, service development, and community-based support which contributes to a low barrier access to care.
  - Permanent supportive housing is still being worked on in the region.
- **Priority Tier 2**
  - Continue the effort to ensure integrated co-occurring treatment is supported with policy and funding for all Iowans.
  - Enhance relationships with the educational system and law enforcement to prevent and address threats of school violence.
    - Threat assessment professionals to be considered.
  - Continue to work towards a greater, more unified data structure which will use data more efficiently to drive services. This will include engaging a program manager to ensure the integration of data gathering and analytics with the ultimate goal of creating a region-wide data warehouse.
- **Priority Tier 3**
  - Implement recommendations from the transportation gap analysis final report that are within the scope and funding mechanisms of the region.
  - Invest in provider capacity by continuing to support direct care and mid-level management training within the ECR network.
    - Note that therapists and prescribers are needed.
  - Invest in staff professional development and succession planning.

A presentation about substance use disorders and services was provided by Theresa Graham-Mineart sharing that movement has been happening in the state for more integrated services. Theresa explained the vocabulary used is important to understand. Early remission and sustained remission were identified along with common SUD diagnosis codes. The American Society of Addiction Medicine (ASMA) assessment is used to determine the diagnosis and is standardized internationally. The assessment for substance use can be given at one facility and treatment at another, which differs and is not typical for a mental health assessment. Some harm reduction approaches were also provided.

Discussion on future agenda items, Peer Respite noted by Janae Schmidt to be included with other ideas mentioned at last months meeting.

Committee Vacancies/Applications/Appointments/Re-appointment with vacancies for a provider in Jones and Benton County. Peer and Family vacancies in Dubuque, Buchanan, and Delaware. Cody Brinkman has resigned from the Advisory Committee and a new application from a provider in Buchanan County has been submitted by Johanna Lovig who was present to introduce herself. The committee will recommend her appointment to the Regional Governing Board.

Committee Updates:

Janae Schmidt announced she is changing her position at Hillcrest and will now be the Head of Business Development but still continue her role as an Advisory Committee member.

Public Comment: None

The meeting adjourned at 12:31 PM.