

Children's Advisory Committee Notes December 16, 2020

Introductions

Jim Hauschild

Shalon Frye- Independence comm school district counselor for 7-12

Mae Hingtgen, Peggy Petlon, Jody Bridgewater, Jan H

Melissa O-Brien- principle Western DBQ Peosta- hybrid model of school right now .

Andrew Beer- Tanager Place Outpatient Clinic- therapy services currently hybrid model right now.

Carrie Slagle- Waypoint Services

Ann McDonough.

Vicki Ries- Community Childcare of Manchester

Linda Duffy- Child Health specialty clinics- DBQ regional Center- seeing patients clinically still. Looking for referrals for 2 programs- Community Circle of Care, and Integrated Health Home Program for kids with SED. In process of findings someone to fill a Family Navigator position.

Amber Wood- Americore member with Linn County CPPC.

Melissa Paulsen- Life Connections, CEO of MH. Doing hybrid, a lot of teletherapy. In schools, in office, and teletherapy.

Amy Grask- director MH services at Four Oaks, outpatient clinics and still working with schools- services hybrid.

Jeannette Shoop- Linn County Decat and CPPC-

Hanna Pasterson???- Ia Jeff Keokuk county cppc??

ldph.iowa.gov/1stfive

Bdfempowerment.org

Lucia- reminded of Children's behavioral Health State Board meetings- next Feb 9th.

End of updates, welcomes

Mae update everyone on CARES ACT OVERVIEW of what the EAST Central Region has done.

We received 5.7 million from the state of Iowa for CARES ACT funds. Our allocation was based on population and we have the highest in the state. It is only available to us until December 30th. We were able to help people retroactively to March 1st allowed expenses. Thus far we have authorized \$2,342.612 as of approved 12/15/20.

We have a Calming Room Link on ecr website- everyone is welcome to put it on their own sites etc.

Children's Specific CARES Act (see slide) Provided mini grants to school, yoga mindfulness, support for children and families projects with Community Foundation for Greater Dubuque/ Tanager Place/ United Action for Youth, world international. Of the \$2,342,612 authorized, \$753,612 or 32% was authorized specifically for children's brain health support.

Updates on School Collaborations. Lucia discussed that the ECR is working to enhance collaboration with the school districts, expanding outreach so people have knowledge of services and resources. Helping with mapping of children's service, point persons with keystone and aea's, schools can contract outpatient therapy in schools, hope to create a quick guide to be able to hand out.

Discussion- asked the Advisory Board members what suggestions- to help us build awareness in schools. We have a priority to partner with the schools and build awareness. Input from members to build relationships with schools and ways to continue to build awareness of the region and services available. It was suggested to put ECR information on school websites, help with continuation of services after the first ones are established- i.e. families get to the first one but have barriers to get to the next- hard to access services. Like to see us help with that. Suggestion to contact Building directions for families binder- Red Resource BDF empowerment.org. Schools are using Mobile Crisis- put this on school websites. Centralized location??

- Check with your CPPC's to see if they have a directory of services in each county.

In the process of Development of Children's services- see slides. Tier 2 services- been meeting with several providers and updates if they are interested in providing Crisis Stabilization Community Based services and Crisis Stabilization Residential Services focus. Asked providers to get back to Mae.

Already doing mobile response, early identification and early intervention.

Provided the definitions (page 8) of expectations for ecr to develop these services.

What does the Advisory Comm know of early intervention services and what's available- then we don't have to re-create things. We can expand or intersect with the current early id and intervention out there. -First Five Program provided through the VNA (Dubuque). They do initial screening then referrals. – maybe ask if DARE officer has any feedback?? Suggested for Law Enforcement a Children's Mental Health First Aide/Law enforcement. ECR wants to be sure partners like law enforcement get this. – early ID- screenings of all sorts, care coordination is part of early Intervention, help connect families to resources. (DBQ Linda Duffy does this.) - school based MH therapy, interventions in school contract with Life Connections and Tanager. Help create a plan of action with the schools. Collaboration good -but have to be careful to not pull kids out of class time too much. Therapist contracted in school- noted that ECR will pay for collateral time if child is eligible for region funding- up to 30 minutes per month. Need to get that info out as well.

-Next meeting- March 3, 9:30 am. Assignment- think of 2 suggestions for Early Identification and Early Intervention serves that would be beneficial to the region.