

**Mental Health and Disability Services of the East Central Region Children's Behavioral Health
Advisory Committee Meeting Minutes**

July 8, 2020 1 pm via Zoom Conference

Lucia Herman started the meeting at 1pm.

Introductions- ECR Coordinators present: Lucia Herman Children's Coordinator/ Disability Coordinator Jones County, Jan Heidemann Operations Coordinator Bremer County, Peggy Petlon Provider/Community Relations Coordinator Delaware County, Jody Jansen Contract Management Coordinator Dubuque County, Jody Bridgewater Quality Assurance/Evidence Based Practices Coordinator Linn County, Julie Davison Intake/Claims Coordinator Buchanan County, Jan Shaw Social Work Supervision Coordinator Johnson County, Mona Krugger Utilization Review Coordinator Benton County, Deb Seymour-Guard Finance Manager and Mae Hingtgen Chief Executive Officer. Marilyn Austin Iowa County Liaison Coordinator was not present. **Children's Advisory Committee members present:** Linda Duffy Provider rep Dubuque County, Dr. Andrew Beer Provider rep Linn County, Amy Grask Provider rep Linn County, Melissa O'Brien Educator rep Dubuque County, Carrie Slagle Advocate rep Dubuque County, Melissa Lammer DHS rep Bremer County, Tammy Wetjen-Keterson Early Childhood Iowa Rep Iowa County, Erin Monighan Early Childhood Iowa rep Benton County, James Hauschild Law Enforcement Rep Delaware County, Vicki Ries Childcare provider rep Delaware County, Ann McDonough RGB Liaison Dubuque County. **Members Not Present:** Shalon Frye Educator rep Buchanan County, Jim Hessenius Juvenile Court rep Benton County, Sydney Mason Advocate rep Johnson County, Angela Zimpher Parent rep Buchanan County, Dr. Ana Carey Pediatrician rep Johnson County, and Melissa Paulsen Provider rep Jones County.

Lucia Herman presented some history of the Mental Health and Disability Services in Iowa. Regions were created in 2013 by MHDS Redesign and 14 regions were created in the state of Iowa. Each region has a maximum Per Capita that individual counties must contribute to the overall region budget.

Mae Hingtgen discussed the regional governance structure, including the Regional Governing Board, CEO, Coordinators in Each County and their roles. She sent the PDF to each Children's Advisory Committee Member. In 2019 House File 690 established regional responsibility for Children's Behavioral Health services to be effective 7/1/2020. This will expand the regional service system to include Core services for children diagnosed with a Serious Emotional Disturbance. There are two tiers of Children's services to phased in by 2021. No additional funding has been allocated by legislation however. Lucia Herman is the Children's Coordinator for MHDS of the East Central Region.

Lucia Herman presented that the Core services implemented by 7/1/2020 for Children's Behavioral Health are: Assessment and evaluation for eligibility, Outpatient psychotherapeutic treatment, medication prescription and management, Prevention and Education. Additional Core Services to be implemented by 7/1/2021 are: Behavioral health inpatient treatment, crisis stabilization community based, crisis stabilization residential services, mobile response, early identification and early intervention.

Lucia Herman discussed the impacts on policy due to the implemented law. Laws impacted the region's documents, policies, definitions, provider standards, access standards, reporting and eligibility standards. Our region's Annual Service plan, annual report and strategic plans all changed. We will go

over these specific plans at future meetings. They are posted on the ECR website. Stay connected with the ECR by visiting ecriowa.org

Mae Hingtgen went over the MHDS of the East Central Region’s Strategic Plan which will be in effect from 2020 to 2025. She presented our tri-fold brochure including the regions mission, values, and goals. The region goals are around Access, Array of Services, Effective Partnerships, Fiscal Responsibility and Cohesive Region. The region is a partnership between 9 counties to provide comprehensive mental health and disability services to individuals in eastern Iowa. Counties pool their resources and offer an array of services to improve the health of Iowans. Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones and Linn Counties form this region

Lucia Herman discussed legislative requirements assigned to the region. Each region is required to appoint a Children’s Advisory Committee which has specific representatives according to Iowa code. The Advisory shall include the following representations:

- A parent of a child who utilizes services or an actively involved relative of such child
- A member of the education system
- An early childhood advocate
- A child welfare advocate
- A children’s behavioral health service provider
- A member of the juvenile court
- A pediatrician
- A child care provider
- A local law enforcement representative
- A regional governing board member

Expectation of the committee members are to: Provide objective input on the needs, gaps and services for children's behavioral health in the region Collaboratively use your experience to evaluate how well the region is fulfilling Iowa code and Annual Plan expectations. Hold regional staff accountable for those expectations. Help increase awareness of children’s behavioral health services. Establish Committee Procedures- for example deciding on a chair person to coordinate and facilitator lead the meetings. Someone to do that agendas invites etc.

When establishing the Children’s Advisory Committee, we intentionally brought people across the region to have Equitable representation.

Children’s Advisory Committee Members are:

Linda Duffy	Provider of MH/DS services	Dubuque linda-m-duffy@uiowa.edu
Andrew Beer	Provider of MH/DS Services	Linn abeer@tanagerplace.org
Amy Grask	Provider of MH/DS Services	Linn agrask@fouroaks.org
Shalon Frye	Educator	Buchanan sfrye@independence.k12.ia.us
Melissa O’Brien	Educator	Dubuque Melissa.obrien@wdbqschools.org
Jim Hessenius	Juvenile Court	Benton jhesscasa@yahoo.com

Sydney Mason	Advocate	Johnson	sydneymason@gmail.com
Carrie Slagle	Advocate	Linn	carrie.slagle@waypointservices.org
Melissa Lammer	Department of Human Services	Bremer	mlammer@dhs.state.ia.us
Tammy Wetjen-Kesterson	Early Childhood Iowa	Iowa	iowajeffersonkeokukeci@gmail.com
Erin Monighan	Early Childhood Iowa	Benton	erin.bentoniowadecat@gmail.com
James Hauschild	Law Enforcement	Delaware	jhauschild@manchesteriowapolice.com
Vicki Ries	Childcare Provider	Delaware	vickieries@iowatelecom.net
Angela Zimpher	Parent	Buchanan	amzw1972@gmail.com
Dr. Ana Carey	Pediatrician	Johnson	ana-cary@uiowa.edu
Melissa Paulsen	Provider of MH/DS Services	Jones	m.paulsen@life-connectons.org
Ann McDonough	RGB Liaison	Dubuque	ann.mcdonough@dubquecounty.us

The Children's Advisory Committee decided as a group today that Lucia Herman will act as the facilitator of the committee.

Jan Heidemann presented the Conflict of Interest Policy and New Member Packet to the Children's Advisory Committee. Jan will send both of these items to each member to read and sign. There will be a brief HIPAA training in the future as well.

Lucia Herman discussed that our region is governed by an Advisory Board in Accordance to Iowa Code. With the addition of children's behavioral health services each Regional Governing Board needs to appoint additional governing board members. The following voting members shall include:

- At least one board of supervisor's member from each county
- One adult person who utilizes mental health and disability services (appointed by the Adult Advisory)
- Members of the children's advisory as follows:
 - One member representing the education system.
 - One member who is a parent or actively involved relative of a child who utilizes behavioral health services
- And the following ex-officio members:
 - One member representing adult service providers as designated by the Adult Advisory
 - One member representing children's service providers as designated by the Children's Advisory

Expectations for the Regional Governing Board member will include a monthly meeting which is usually the fourth Thursday of each month. We began meeting in-person again with the additional choice of attending via Zoom from 1:30 – 3:30pm (approximately). The Governing Board member will be expected to help set ECR policy and budget. The three new voting members (1 from Adult Advisory and

2 from Children's) will be allowed to vote on policy but not financial matters. The county supervisors on the RGB feel strongly that they are the only ones authorized by law to vote on financial matters, which influences/impacts tax levies. This decision is currently being challenged by the Iowa Department of Human Services however so we will wait to hear results on that.

Mae Hingtgen explained that by code we need to appoint a parent representative, an educator representative and provider representative to the regional governing board. **M/S/C:** Amy Grask and Dr. Andrew Beer to appoint Melissa O'Brien as the Educator representative, Angela Zimpher as the Parent representative, and Amy Grask as the Provider representative to the Regional Governing Board. All aye.

The next Children's Advisory Committee meeting will be September 16, 2020 at 9am via Zoom. The next Regional Advisory Board meeting is July 30th, 2020 at 1:30pm via zoom- possibly hybrid. Everyone is welcome to attend these meetings. You do not have to be on the actual committee or board to attend-these meetings are open to anyone! More information will be sent regarding this in the future.

The Children's Advisory Committee requested that future meetings be held by Zoom until further notice. Hybrid will be discussed in the future as an option.

Ann McDonough encouraged the group to bring their unique perspectives, bring their voices to be heard, and be a lead for their communities in order for this group to be successful. She thanked everyone for their offer to volunteer.

On behalf of the ECR, Mae and Lucia give a huge Thank You to all willing to serve on the committee and the Advisory Board!

Meeting adjourned at 2:05pm.