

# ECR Adult Advisory Committee Meeting Minutes

August 31<sup>st</sup>, 2023 at 11:00 AM

Committee Members Present: Diane Brecht, Stephanie Brooks, Jenn Day, Johanna Lovig, Steve Miller, Braxton Morrison, Jean Ohlen, Janae Schmitt, Jenn Wolff, and Lowell Yoder.

Welcome and introductions.

Roll Call – Chelle Klootwyk

Review and approval of prior meeting minutes.

**M/S/C:** Day and Yoder approved the July meeting minutes.

Todd Lange gave a Peer & Family Committee update with information on training provided by the Iowa Peer Workforce Collaborative and there is a wealth of info on their website. Discussion on peer support training barriers due to cost and hours. Devon McClurken from the Office of Recovery Services discussed the survey results about service accessibility with the report included on their website. Guidelink Access Center gave an update on peer support offerings, with several providers coming on site to provide, as well as the trauma informed yoga. Iowa Peer Workforce Collaborative will be hosting some focus groups centered around workforce related issues and the benefits of peer support. Abbe Warm Line is consistent with about 1300 calls statewide and 300 of those from our region providing 24/7 on demand support. Club 520 continues to offer programs in Cedar Rapids. Continued the discussion on substance use and mental health with Rob Courtney from CRUSH Iowa recovery center sharing good work being done, operating on a philosophy that there are multiple pathways to recovery. Many people in our region attended the Multiple Pathways to Recovery Conference with discussions on breaking down the silos and providing more collaboration when treating individuals with mental health and substance recovery. The Wellness Recovery Action Plan training was discussed, which the region has sponsored, and the positive impact it is having as it is continued to be tracked.

Mae Hingtgen presented key performance indicators for the FY24 Priority Initiatives which are quantifiable ways to measure the progress of these priorities. Mae opened the floor for discussion on ways to measure the progress and which priorities the committee are particularly interested in:

**Effectively implement and monitor the FY24 budget:**

- Preparing for gaps in funding that are identified.
- More check-in timeframes have been implemented through the budget planning process.
  - Allowing the region to pivot if needed, already planned ideas to implement when and if needed.

**Creatively work with traditional and nontraditional partners:**

- AOT, out-patient community-based restoration, permanent supportive housing, and intensive residential support are identified.
  - Number of non-duplicative persons served and capacity.
  - Number of referrals to a program and waitlists.
  - Outcomes of the program being in place.
  - Out-patient community-based restoration included this year as a core service but yet to be defined.
  - Where are services offered and how are people accessing, rural versus urban.
  - Gauging the impact of the Abbe Warm line as a statewide resource and remote peer support services.
  - Implementation of the definition of the program for referrals.

- Hospitals that could indicate the numbers on the waitlist for these services.

**Explore and implement consistent practices with other regions:**

- Partnering with other regions to provide access and crossover for providers that serve in more than one region.

**Continue the effort to ensure integrated co-occurring treatment is supported with policy and funding for all Iowans:**

- Working with providers that offer services for that kind of treatment together.
- Collaboration for these services between providers and not separate for the individual seeking care.
- Identify who is being trained for co-occurring.
- Remote service providers.
- Engage with policy makers to keep this a priority.
- Measurement by Functional Health Patterns.

**Continue to work towards a greater, more unified data structure:**

- Obtaining a vendor who can actually deliver the service.

**Implement recommendations from the transportation gap analysis:**

- The final report has not been shared with the Advisory Committee and more discussion is needed after reviewing. Mae will share that at the next meeting.
- Transportation used to fill the gap in access to services in communities and regions.
- Utilizing a logistic organization to provide transportation information for individuals.

Legislative Update: None

Future agenda topics shared:

- Transportation Gap Analysis Report.
- Regional focus groups for families and children.
- A joint meeting or review and discussion with ECR Children's Advisory Committee.
- HHS transformation plan in the state.

Committee Vacancies/Applications/Appointments/Re-appointment with vacancies for a provider in Jones County. Peer and Family vacancies in Dubuque, Buchanan, and Delaware. Diane reminded everyone of vacancies that still need to be filled.

Committee Updates:

Steve Miller noted there is a conference coming in October he is working on and he will share more information with Diane for providing details to the group.

Braxton Morrison shared that the Benton County Suicide Prevention Walk will take place on September 10<sup>th</sup> at the Benton Community School track. There will be some balloons available for loved ones to decorate. A flyer for the event will be shared with the group.

Public Comment: None

Diane Brecht reminded everyone that there is not a meeting in September due to the Regional Governing Board meeting time change to 9:00 am with the retreat to follow. The next meeting will be on the fourth Thursday in October.

The meeting adjourned at 12:05 PM.